

CUA NEWS

NEWSLETTER OF THE CANADIAN UROLOGICAL ASSOCIATION

SPRING 2010

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**65th Annual
Meeting of the Canadian
Urological Association**

Prince Edward Island
June 27-29, 2010

www.cuameeting.org

President's Report

Dr. Jerzy Gajewski ✨ Halifax, NS



I am pleased to be able to report on some updates stemming from the CUA Strategic Plan, which was overwhelmingly accepted by members at the CUA 2009 meeting in Toronto.

We have established 7 task forces (as outlined in the Fall 2009 newsletter) to meet the

goals set out in the Plan. We are rapidly expanding in the areas of education, advocacy, publishing, practice support, member engagement and partnerships with like-minded associations.

We will present the first-year progress to CUA members at the Annual General Meeting this summer in Charlottetown on Tuesday, June 26 at noon.

The results of our 2009 survey have been released. This data will help us understand the needs of our members and will allow us to develop a more valuable benefits package. Our data show that the patient brochures and the CUA Annual Meeting tie as the most valuable benefits

for members. Close in second place is our journal, CUAJ.

Another recent CUA initiative contributing to improving societal health is the urologic information site – www.uroinfo.ca. This site is becoming the “go-to” place for patients. The goal of the site is to be the source of honest and balanced information about urology.

The CUA Executive is continuing to restructure the Central Office with the goal of using our resources more effectively and efficiently. We will keep you informed on changes as they happen – stay tuned to the CUA Newsletter and to CUAJ for any updates.

Let me conclude by inviting you to join us for our first-ever Annual Meeting in Prince Edward Island! Michael Mulligan and Ian Reid, along with the rest of the Local Organizing Committee, have been working hard to make sure that every attendee enjoys the social program. The scientific program, chaired by Ricardo Rendon, will feature state-of-the-art lectures from key opinion leaders in urology, educational fora addressing a wide spectrum of the most compelling issues and controversies in urology, and abstract-driven sessions showcasing the most cutting-edge research being done in Canada today. For more information and to register online, visit www.cuameeting.org. ✨

CUA 2010: Experience Maritime Hospitality

Dr. Ian Reid and Joan MacIsaac ✨ Charlottetown, PEI



For the first time, Prince Edward Island will host the CUA's Annual Meeting, from June 27-29, 2010.

The Annual Meeting will continue its tradition of offering an outstanding scientific program (see page 4 for details).

The social program will showcase some of the finest cuisine and East Coast entertainment. The Welcome Reception is at Memorial Hall, the monument to Confederation, where great food, music, and a time to meet friends and colleagues mingle with encounters with historic figures. The Fun Night, held on the waterfront at the Seaport Event Centre, will be full-throttle fun from beginning to end. Later, East Coast Music Awards-nominated and nationally-celebrated Celtic rockers Rawlins Cross will showcase their incredible talent and broad appeal.

Throughout the events, Chef Michael Smith will plan and oversee all menus and presentations of food at the Welcome Reception, the Fun Night and the climactic culinary event, the President's Banquet. Michael Smith is an internationally-acclaimed chef, recipient of an international award for the best cooking show (Chef at Large), and author of Canada's best-selling cookbook *Best of Chef at Home*. His engaging personality, creativity and culinary skills will be evident throughout the conference, culminating with a gourmet meal and presentation at the President's Banquet that will be unforgettable.

The program for accompanying persons and for children will make it easy for families to attend, and to enjoy the experience. Prior to the meeting, golfers can explore the acclaimed links at Crowbush Cove or any other of the 26 award-winning courses in PEI.

Check out www.cuameeting.org and www.peiplay.com. See you in June! ✨



CUA Executive 2009-2010

Officers



President

Dr. Jerzy Gajewski
Halifax, NS



President-Elect

Dr. Sender Herschorn
Toronto, ON



Past-President

Dr. Laurence Klotz
Toronto, ON



Vice-President

Dr. Michael Chetner
Edmonton, AB



Treasurer

Dr. Stuart Oake
Ottawa, ON



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Vernon, BC

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Hamilton, ON
Dr. Ryan Paterson
Vancouver, BC

Dr. Greg Bailly
Halifax, NS

Dr. John Duchinski
Calgary, AB

VP Education

Dr. Peter Anderson
Halifax, NS

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Awards

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Edmonton, AB

Bylaws

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Toronto, ON

Continuing Professional Development

Dr. François Bénard
Montréal, QC

CUASF Administrative Council

Dr. Gerry Brock
London, ON

CUASF Scientific Council

Dr. Martin Gleave
Vancouver, BC

Endorsement

Dr. James Metcalfe
Edmonton, AB

Finance

Dr. Stuart Oake
Ottawa, ON

Guidelines

Dr. Hassan Razvi
London, ON

Historian

Dr. Ian Davis
Hamilton, ON

Information Technology

Dr. Michael McCormack
Montréal, QC

Local Organizing Committee, 2010

Dr. Ian Reid
Dr. Michael Mulligan
Charlottetown, PEI

Nominations

Dr. Laurence Klotz
Toronto, ON

Patient Information

Dr. Ben Chew
Vancouver, BC

Residency Affairs

Dr. Joseph Chin
London, ON

Scientific Chair (2010)/ Prize Essay

Dr. Ricardo Rendon
Halifax, NS

Socio-economic

Dr. Darrel Drachenberg
Winnipeg, MB

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The 2010 Winter Executive Meeting

Dr. Denis Lavoie, Secretary ❄️ Vernon, BC



Twice each year, the CUA Executive comes together from across Canada to review the affairs of our Association. For the last 3 years, we have held our meeting, traditionally on the last Saturday of January, in Montréal, the home of our Central Office. Over the course of 10 very full hours, we received reports

from each Committee and reviewed various projects in progress or being considered. On the Friday preceding the Executive Meeting, the Finance Committee studied the state of our budget and fiscal obligations while the Guidelines Committee met to update previous guidelines and fine-tune new ones to be presented to members in June at our Annual Meeting.

Progress has been made towards implementing the 2009-2014 Strategic Plan adopted at the 2009 Annual Meeting. Dr. Laurence Klotz, our immediate Past-President, is developing a strategy to raise the profile of the CUA in advocacy so that we may become firmly established as the “go-to” organization for all matters urological in Canada. Business plans are being created to ensure that our Office of Education and CUAJ can flourish both financially and in the quality of their products.

The CUA works closely with our staff at the Central Office to develop policies and processes to streamline our administration and facilitate the delivery of services to members, including the planning of our Annual Meeting. An example of this is the Annual Meeting Procedures Manual, which

will serve as a blueprint for incoming Local Organizing Committees.

A pillar in our administrative support for many years has been Dr. Richard Bolton (PhD), our Executive Secretary, who has served as our jack-of-all-trades and corporate memory. Richard has announced his retirement effective March 31, 2010. To find a suitable replacement, the CUA has engaged the services of the executive search firm Odgers Berndtson. We anticipate that the new Executive Director will have a skill set suitable to oversee all of the activities of the CUA and, in particular, contribute to a plan for stable revenue generation so that we may maintain our current offerings and develop new services. The Central Office staff, under the leadership of Martine Coutu, will continue to use their expertise to plan and manage our Annual Meeting. We thank Richard for his many contributions to the CUA and wish him all of the best in his retirement and many happy hours on the tennis court and cross-country ski trails.

New business under discussion includes the Royal College proposal to recognize sub-specialty expertise with new Diplomas of supplemental competency to “identify a physician who has special education and experience,” a CUA Men’s Health Initiative for the study and promotion of all elements of health in men and the formation of a new Canadian urology group, the Norman Bethune Urological Society, in association with another CUA, the Chinese Urological Association.

The CUA continues in its evolution as a vibrant medical organization in the service of its members and their patients. ❄️

Future CUA Meetings

2010 - June 27-29

Charlottetown
Prince Edward Island

2011 - June 26-29

Montréal
Québec

2012 - June 24-27

Banff
Alberta

2013 - June 23-26

Niagara Falls
Ontario





The 2010 CUA Scientific Program at a Glance

Dr. Ricardo Rendon, Scientific Program Committee Chair 🌸 Halifax, NS



The 2010 CUA Scientific Committee would like to thank everyone who submitted an abstract to the 65th CUA Annual Meeting in Charlottetown. We once again received an impressive number of submissions of great quality on a variety of urological topics.

This year, we will welcome the following opinion-leaders; **Gerald Andriole**, St. Louis, MO, giving a state-of-the-art lecture on PSA dynamics and 5ARIs; **David A. Diamond**,

Boston, MA, lecturing on ethics in urology; **Christopher P. Evans**, Sacramento, CA, discussing active surveillance in prostate cancer; **E. Ann Gormley**, Lebanon, NH, focusing on transvaginal tape failures; **Abraham Morgentaler**, Boston, MA, on testosterone therapy and men's health; **Margaret S. Pearle**, Dallas, TX, discussing medical management of stone disease; **Mack Roach, III**, San Francisco, CA, talking about salvage vs. adjuvant radiation for prostate cancer; **Fred Saad**, Montréal, discussing prostate cancer; **Urs E. Studer**, Bern, Switzerland, discussing the evidence for lymph node dissection in prostate and bladder cancer; **Bryce Taylor**, Toronto, giving the Royal College lecture on safety, quality control and quality indicators; and **Timothy J. Wilt**, Minneapolis, MN, talking about screening for prostate cancer.

These speakers will not only give state-of-the-art lectures, but many will also participate in 1 of the scheduled 8 educational fora. These sessions allow delegates greater interaction with the guest speakers, and also with Canadian experts who have agreed to moderate and serve as faculty in the fora. This year we have introduced a pre-meeting educational course. This course, on nerve-sparing cystectomy and orthotopic bladder substitution, will be given by Dr. Studer.

As in previous years, 2 manuscripts will be selected in clinical and basic science categories as the CUA Prize Essay winners. These winning essays will be presented as abstracts during the meeting and will be given a special mention in the program book.

A first for a CUA Annual Meeting is a laparoscopic skills competition for residents. Delegates will be invited to attend the semifinals and finals. The winners will receive awards. In addition, we will be introducing a Urological Jeopardy contest. This contest will challenge the brightest amongst us and promises to be very entertaining.

This year's scientific program is unique and exciting, much like the city in which it is to be hosted. We are certain that the program will appeal to urologists from all sub-specialties and types of practices. Please be sure to take advantage of this great opportunity and network with colleagues from across Canada and beyond. 🌸

Saturday, June 26

1700-1830 Educational Course

Nerve-Sparing Cystectomy and Orthotopic Bladder Substitution

Urs E. Studer

Sunday, June 27

0800-0810 Welcome

Jerzy Gajewski, Ricardo Rendon

0810-0840 State-of-the-Art Lecture 1

Lymph Node Dissection in Bladder and Prostate Cancer: An Option or a Must?

Urs E. Studer

0840-0940 Podium Session 1

Oncology: Prostate

0940-1010 Break

1010-1100 Educational Forum 1

Kidney Cancer: Management of Small Renal Masses

1100-1130 Royal College Lecture

Safety, Quality Control and Quality Indicators

Bryce Taylor

1130-1230 Opening Brunch

1230-1320 Educational Forum 2

Androgen Deprivation Therapy for Advanced Prostate Cancer: Why, When and How

1320-1330 AUA Presidential Address

1330-1430 Podium Session 2

Functional Urology

1430-1500 Break

1500-1530 CUASF Lecture

Fred Saad

1530-1620 Educational Forum 3

Practical Approaches to the Treatment of Peyronie's Disease and Testosterone Replacement Therapy

1620-1650 State-of-the-Art Lecture 2

PSA Dynamics and 5ARIs

Gerald Andriole

1800-2100 Welcome Reception

Monday, June 28

0700-0750 Educational Forum 4

Topic TBD

Supported by CUA Patron Sponsor GlaxoSmithKline

0800-0810 Clinical Pearls that Could Change Your Practice

Jay Lee

0810-0840 State-of-the-Art Lecture 3

Active Surveillance for Prostate Cancer and Economic Implications for the Urologist and Health System

Christopher P. Evans



0840-0940	<u>Podium Session 3</u> All Oncology
0940-1010	<u>Break</u>
1010-1040	<u>State-of-the-Art Lecture 4</u> Evaluation and Management of the Patient with a Failed Synthetic Midurethral Sling E. Ann Gormley
1040-1130	<u>Educational Forum 5</u> Tips for Post-sling Complications
1130-1230	<u>Lunch in Exhibit Hall</u> Laparoscopic Skills Competition in Exhibit Hall
1230-1315	<u>State-of-the-Art Lecture 5</u> Testosterone in Men with Prostate Cancer Abraham Morgentaler, Neil Fleshner (moderator)
1315-1345	<u>State-of-the-Art Lecture 6</u> Ethics in Urology: The Dilemma of Gender Assignment for Newborns with Ambiguous Genitalia David A. Diamond, Boston, MA
1345-1435	<u>Educational Forum 6</u> Vesicoureteral Reflux: Are We Over-Treating These Children?
1435-1505	<u>Break in Exhibit Hall</u>
1505-1605	<u>Podium Session 4</u> Pediatric Urology <u>Moderated Poster Session 1</u> Basic Science/Physiology/Research
1505-1630	<u>Moderated Poster Session 2</u> Functional Urology
1605-1705	<u>Moderated Poster Session 3-5</u> Miscellaneous Oncology: Bladder/Penis, Testis Stones/MIS
1900-2300	<u>CUA Fun Night</u>

Tuesday, June 29

0800-0810	<u>Clinical Pearls that Could Change Your Practice</u> Neil Dwyer
0810-0840	<u>State-of-the-Art Lecture 7</u> Medical Management of Stone Disease Margaret Pearle
0840-0940	<u>Podium Session 5</u> Stones/MIS
0940-1010	<u>Break in Exhibit Hall</u>
1010-1100	<u>Educational Forum 7</u> Management of Asymptomatic Lower Calyx Stones and Management of Proximal Ureteric Stones
1100-1130	<u>State-of-the-Art Lecture 8</u> Salvage vs. Adjuvant Radiation for Prostate Cancer Mack Roach III, Armen Aprikian (moderator)
1130-1230	<u>Urological Jeopardy</u> Anil Kapoor

1230-1400	<u>CUA Annual General Meeting and Lunch</u>
1400-1520	<u>Moderated Video Session</u> Miscellaneous
1400-1520	<u>Moderated Poster Sessions 6-9</u> MP-06: Pediatric Urology MP-07: Oncology: Prostate MP-08: Men's Health MP-09: Oncology: Kidney/Ureter
1520-1530	<u>Break</u>
1530-1605	<u>State-of-the-Art Lecture 9</u> Prostate Cancer Screening Timothy J. Wilt, Laurence Klotz (moderator)
1605-1655	<u>Educational Forum 8</u> Optimal Management of High-Risk Prostate Cancer
1900-2300	<u>President's Reception and Banquet</u>

CUA AND AFFILIATED SOCIETY MEETINGS

Friday, June 25

0800-1200	CUA Guidelines Committee
0830-1030	CUA Finance Committee
1200-1700	CUA Executive Committee
1100-1700	5th Annual GU Medical Oncology

Saturday, June 26

0800-1200	Canadian Academy of Urological Surgeons (CAUS)
0700-1230	5th Annual GU Medical Oncology
0830-1300	CUA Socioeconomic Committee
0800-1230	CUA Patient Information Committee (PIC)
1200-1430	CUOG Executive Committee Meeting
1200-1700	CUA Executive Committee
1430-1700	CUOG Annual General Meeting
1300-1700	Residency Affairs Committee (RAC)

Sunday, June 27

1300-1700	Pediatric Urologists of Canada (PUC)
1500-1700	Canadian Endourology Group

Monday, June 28

0700-0900	Canadian Urological Research Consortium (CURC)
0800-1100	Canadian Male Sexual Health Council (CMSHC)
1000-1200	CUASF Scientific Council
1200-1300	SIU Canadian Section
1200-1400	CUASF Administrative Council
1230-1400	CUA Nominating Committee
1600-1800	Urology Nurses of Canada

Tuesday, June 29

0630-0800	Council of Canadian University Urology Chairs (CCUUC)
0700-0900	CUAJ Board Meeting
0700-0900	Canadian Women in Urology
1030-1200	Annual Meeting Planning Committee
1200-1400	CUA Annual General Meeting



Treasurer's Report

Dr. J. Stuart Oake, Treasurer ❁ Ottawa, ON



External forces continue to pressure the CUA to adapt in order to maintain revenues required to support our Association. Over the last 2 years our financial focus has been on revenue diversification; this will be our continued focus over the next several years. The Annual General Meeting, historically the primary revenue-generating stream for the CUA, is being negatively affected by a global decrease in sponsorship dollars while expenses remain the same or increase. Forecasts for upcoming meetings reflect the above.

The CUA will maintain a healthy financial position by continued revenue-diversification efforts with further investments in the Office of Education (OE) and CUAJ. The OE has become financially robust with a steady increase in revenues; the many facets of the OE have greatly facilitated our ability to diversify our revenue.

The January 2010 Finance Committee meeting in Montreal resulted in the development of a Fundraising Task Force that will be given the

responsibility of optimizing sponsorship revenues for the Annual Meeting, along with increasing revenues for other divisions of the CUA. The Task Force will report to the Finance Committee and will have its membership consist of the Treasurer, Director of the Office of Education and the CUA President, along with key selected CUA members.

As we approach the end of the 2009/2010 fiscal year, projections are improving. The Finance Committee is hopeful that due to surpluses from the Toronto Annual Meeting in 2009 and the increased revenue from the OE, the CUA will be in a surplus rather than deficit position for the 2009/2010 fiscal year.

Thanks go out to the Central Office staff, Tiffany Pizioli (Director of OE), Isabel Kolodny (Membership and Financial Services, CUA Central Office) and Sandy Wetstein (Neal, Pallett & Townsend Chartered Accountants) for their ongoing work and support on behalf of our Association. ❁

Nomination Process for the CUA

Dr. Laurence Klotz, Nominating Committee Chair ❁ Toronto, ON



As Past-President of the CUA, I chair the Nominating Committee for 2010. The Committee has the responsibility to ensure that all positions on the CUA Executive are filled. The Nominating Committee would appreciate names of CUA Active Members who would be willing and able to fill the positions that are open. The Committee will be responsible for asking the individual if he/she is willing to serve the Association. All individuals that are presented to the Nominating Committee will

be carefully considered. However, not all of those suggested will have their names appear on the slate of nominees, as the Nominating Committee is charged with recommending a single individual for each position. In those situations in which the Nominating Committee cannot agree on a single individual, a recommendation will be made at the Annual General Meeting (AGM) that a vote takes place to fill the position. According to the bylaws of the CUA, nominations may be received from the floor of the AGM as well. Please forward the names of potential Executive Committee members to:

Dr. Laurence Klotz
past-president@cua.org

Room MG408
Sunnybrook Health Sciences Centre
2075 Bayview Avenue
Toronto, ON M4N 3M5
Tel: 416-480-4673
Fax: 416-480-6121

Nominations open for 2010

Vice-President of the CUA

To replace Dr. Michael Chetner
(President for Niagara Falls, Ontario in 2013)

Member-at-Large / 3-year term

Two new members

1. from Ontario to replace Dr. Anil Kapoor
2. from Quebec to replace Dr. Marie-Paule Jammal

Socio-economic Committee Chair / 4-year term

To replace Dr. Neil Fleshner

Treasurer-Elect / 1-year term

To be considered for Treasurer in 2011

Central Office News

Martine Coutu, Executive Director ❁ Montréal, QC

Business at the CUA Central Office in Montreal continues to move along at a steady pace. This year, like any other, there are new challenges and exciting projects. With some changes in the Central Office structure, the upcoming annual meeting in Charlottetown, and an increase in online services at www.cua.org, it's going to be a busy year!

This April, Dr. Richard Bolton will retire as CUA Executive Secretary. Everyone who has been involved with the CUA over the past 7 years can tell you that Richard has been an integral part of the development of the CUA, and the Association would surely not be in the excellent position it is today if not for his hard work and dedication. We thank Richard for everything that he has done and we wish him nothing but the best in his future endeavours!

Although the many fond memories of last year's meeting in Toronto are still fresh in our minds, the CUA's 65th Annual Meeting in Charlottetown, PEI, June 27-29 is quickly approaching! As you will see from the Scientific Program and message from the Local Organizing Committee in this newsletter, there is a lot to be excited about, both academically and socially. Please visit www.cuameeting.org regularly for updates on meeting news and activities.

In anticipation of this year's meeting, we invite you to visit us at booth #215 at the American Urological Association Meeting in San Francisco, from May 29 to June 3. In keeping with tradition, the CUA will host a reception during the AUA, this year at the San Francisco Marriott on Monday, May 31. We would love to see you there, so make sure you stop by to mingle with fellow CUA members and guests. For more information, see page 9.

Finally, the Central Office continues to work to improve the website and the services it offers CUA members. Over the past year, many new features have been added to the Members-Only section, including the addition of printable PDFs of the CUA Patient Information Brochures. Currently, all 50 English and 27 French titles are available there. In addition, a new tab for Other Urological Meetings was recently added to the website and will keep all visitors up-to-date, not only on CUA Meetings, but also on a variety of urological activities of interest to members.

If you wish to contact the Central Office, please visit www.cua.org to get in touch with the appropriate department. We are always happy to hear from you, and hope to see you in Charlottetown this June! ❁

Kudos to a CUA member!

Dr. Larry Goldenberg was appointed a Member of the Order of Canada on November 4, 2009. This honour is in recognition of his contributions to prostate cancer research and treatment and for promoting public awareness of the disease. Not only are his achievements valued and honoured by Her Majesty Queen Elizabeth II and by his peers, but his patients are also well aware of his professionalism, knowledge and dedication to helping them during their difficult times.

Currently, Dr. Goldenberg is Professor and Head of the Department of Urological Sciences at the University of British Columbia. He is also Director of Clinical Research at The Vancouver Prostate Centre.

Born and raised in Toronto, Dr. Goldenberg graduated from the University of Toronto Faculty of Medicine in 1978. After a surgical internship in Toronto, he completed his urological training at UBC under the guidance of Dr. McLoughlin and Dr. Sullivan. He has a strong sense of service, having served as President of the CUA, the Western Section of the AUA, and as Chief Examiner for the Royal College of Physicians and Surgeons of Canada. His primary focus is prostate cancer. He is the founding Director of the Prostate Centre at Victoria General Hospital. Dr. Goldenberg takes pride in having assembled a strong team of basic scientists, translational researchers, educators, clinicians and residents at UBC.

Congratulations, Dr. Goldenberg! ❁





CUA Guidelines Committee: Update

Dr. Hassan Razvi, Chair, Guidelines Committee ❁ London, ON



The current Guidelines Committee members include myself, Marie-Paule Jammal, Anil Kapoor, Ryan Paterson, John Dushinki and Greg Bailly.

Over the past 2 years, the Guidelines Committee, with the help of many CUA members, has revised 4 previously approved guidelines and developed 6 new guidelines. We would like to thank all those who have contributed to this work.

In response to feedback from members, the Committee has been working on new projects in the past year. The following guidelines have been reviewed by content experts and the Guidelines Committee. These guidelines are now posted on the CUA website for CUA members' feedback. We ask you to review these documents and provide commentary before they are presented for approval at the Annual General Meeting in June in Charlottetown.

1. Benign Prostatic Hyperplasia
2. Post-Vasectomy Follow-up.

Four other guidelines are in various stages of completion. It is hoped that the review process will be complete before the Annual Meeting in June and that these topics will also be put forth for formal approval.

1. Metabolic Stone Disease Work-up
2. Hormone Refractory Prostate Cancer
3. Recurrent Urinary Tract Infections in Women
4. Prostate Cancer Screening

The Guidelines Committee is working with content experts to also develop the following topics into guidelines, with the intention of having them in draft form before the end of the calendar year.

1. Antibiotic Prophylaxis in Urology
2. Prostatitis
3. Adrenal "Incidentaloma"
4. Premature Ejaculation

The Guidelines Committee welcomes feedback from CUA members on any of the guidelines developed to date or with suggestions for future topics. ❁

Continuing to Serve our Patients

Dr. Ben Chew, PIC Chair ❁ Vancouver, BC

The Patient Information Committee (PIC) of the CUA continues to produce brochures in French and English that are free to its members for distribution to patients. The website www.uroinfo.ca continues to receive a lot of hits and visits from our patients. The website also includes valuable links to external websites your patients will find useful. Patient brochures can be ordered or printed online in the Members Only section at www.cua.org.

Enclosed in this issue is a bookmark with the UroInfo website information, which can be distributed to your patients. These bookmarks can also be ordered separately.

We are publishing 5 brochures that were previously distributed by the Canadian Prostate Health Council on benign prostatic hyperplasia, prostate-specific antigen, prostatitis, prostate cancer prevention and active surveillance of prostate cancer; these brochures should be ready for distribution in June 2010.

We trust that you continue to find this service from the CUA beneficial to your patients. As always, your comments or suggestions regarding these brochures are welcome (pic@cua.org). ❁



**Canadian
Urological
Association**

u·r·o·I·N·F·O

Urologic Information Site

www.uroinfo.ca



Update from the Office of Education: Preparing for Charlottetown

Dr. Peter Anderson, Vice-President, Office of Education ✶ Halifax, NS



The Office of Education (OE) continues to grow to serve CUA members, and several projects are well underway as we get closer to the Annual Meeting in PEI. Educational Forums will once again be coordinated by the OE and integrated into

the meeting schedule for each day. The planning process will ensure that these events meet all the requirements for Royal College accredited section 1 learning activities to provide the best possible educational opportunities for attendees.

The Annual Meeting Planning Committee (AMPC), chaired by the VP Education, with membership consisting of the past, present and future meeting chairs, has been having regular teleconference calls and will meet in person in Charlottetown during the Annual Meeting. The AMPC will continue to focus on fine-tuning the existing procedures and logistics for the organization of the CUA Annual Meeting.

The OE is planning the 3rd Canadian Senior Urology Residents (CSUR) Meeting. This year the event will be held at the Brudenell

River Resort, only 30 minutes from Charlottetown. The course, chaired by Jerzy Gajewski and Greg Bailly, will deal with urodynamics. The goal of the retreat is provide participants with the opportunity to come together with their counterparts while interacting with experienced urologists and exchanging ideas on current educational issues.

The OE will also be organizing a Laparoscopy Course to be held on Friday, June 25, at the Atlantic Veterinary College on the University of PEI campus. This full-day course will include basic and advanced laparoscopy skills with a live surgery lab, and will be chaired by Walid Farhat and Scott Bagnell. More details will be available in the near future.

The OE is equally pleased to present a new online CPD program entitled **Clinical Insights in Male Genitourinary Health**. It is comprised of 3 modules: prostate cancer, erectile dysfunction and premature ejaculation. In each of these sections, a Canadian urologist expert addresses frequently asked questions about these male urological and sexual health issues. Upon completing the 3 modules, clinicians will be able to formulate up-to-date clinical management strategies for their patients. To take part, go

to: www.cimgh.ca. Follow the instructions to register as a new user, and then you will have full access to the 3 programs. This is an Accredited Self-Assessment Program Learning Activity (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. The OE wishes to acknowledge the following organizations for their support of this project: Astra Zeneca, Janssen-Ortho and Lilly. By the way, don't forget to check out the Members Only CPD section of the CUA website (www.cua.org) from time to time to see what new learning opportunities have been added.

I encourage you to seek accreditation through the OE and to consider us as the starting place for the organization of your local or regional meeting. Please note that CUA members benefit from an exemption of taxes on these professional services, since we are a not-for-profit organization. To learn more about these accreditation options or how we can facilitate the organization of your meeting, please contact: Nadia P. Pace, Project Manager, at nadia.pace@cua.org. ✶

INVITATION

Dr. Jerzy Gajewski, CUA President,
invites you to attend the

Canadian Urological Association President's Reception

at this year's AUA Annual Meeting in San Francisco

Monday, May 31, 2010, 18:30 to 20:30

San Francisco Marriott Marquis Hotel,
Golden Gate Ballroom (sections C1 & C2)





Introducing the Norman Bethune Urologic Society

Dr. Joseph L. Chin 🍁 *London, ON*

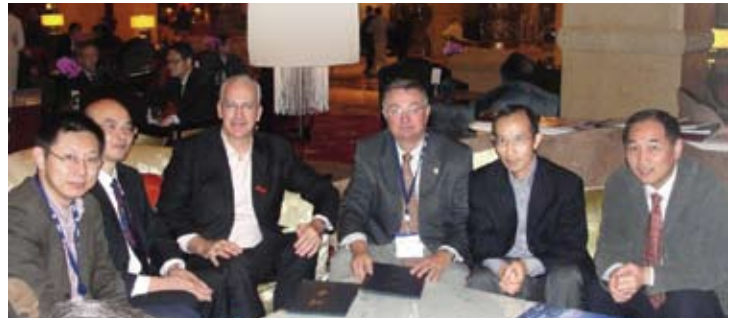
On behalf of Dr. Jerzy Gajewski and Dr. Laurence Klotz

The “2 CUAs” now have a formal professional relationship, under the name of the Norman Bethune Urologic Society (NBUS). Norman Bethune, a philanthropic pioneering Canadian surgeon, is a national hero in China. The idea started with Dr. Jeffrey Zhaohui Zhong from Changsha, Hunan Province, China. Dr. Zhong was a research fellow at the University of Western Ontario with me, sponsored jointly by the CUA Scholarship Foundation and the Canadian Section of SIU. Along with Sender Herschorn, Mike Leonard, Jerzy Gajewski and Laurence Klotz, I visited China and had discussions with Professor Zhangqun Ye, President-Elect of the Chinese Urological Association and other Chinese urologic leaders. This visit and our discussions culminated in the signing of a formal agreement in Shanghai, in October 2009.

The NBUS is officially affiliated with the Chinese Urological Association and Affiliate Status with the Canadian Urological Association is being processed. Membership of the NBUS is open to all interested CUA members. The mission of the NBUS is to promote scientific collaboration and exchange between the 2 urologic associations on basic and clinical research and to foster professional development for practitioners and trainees from both countries. More trainees will be coming from China to our teaching institutions for research and clinical training. There will be a reciprocal arrangement in the near future for Canadian

graduates. We also expect and encourage more visitors from China to the Canadian Urological Association Annual Meetings and hope our members will attend the Chinese Urological meetings.

Please contact me for more information at joseph.chin@lhsc.on.ca. 🍁



Dr. Klotz, Dr. Gajewski, Dr. Chin and the delegates from the Chinese Urological Association.

News from the Residency Affairs Committee

Dr. Joseph L. Chin, Chair 🍁 *London, ON*

The CUA Residency Affairs Committee (RAC) also functions as the Specialty Committee for Urology at the Royal College of Physicians and Surgeons of Canada. The membership comprises all Residency Program Directors and 6 Nucleus Committee members, with me as chair and Francois B  nard as Vice-Chair. The Committee liaises with the Royal College on all matters related to post-graduate training and evaluation.

We acknowledge the contribution of Andrew MacNeily who for several years has spearheaded the “T-res” program designed for residents’ log-keeping and for tracking training progress for program directors and residents. The program has been generating a useful database and has now been accepted as an excellent educational tool. This model and system for Canadian urology training has been adopted by some American-based residency programs. We owe our thanks to Andrew MacNeily for his tireless efforts and ongoing enthusiasm for the project.

We also thank Karen Psooy for her efforts in helping to update several Royal College documents on Accreditation and Training standards, objectives and requirements. According to the Royal College, urology specialty training in Canada is in a “very healthy state.”

As the expertise and profile of many CUA members at our teaching institutions become more prominent, there is a corresponding increase in the number of post-residency fellowship training positions being offered in Canada. At the recent CUA Executive Meeting, there was a proposal for a change in our by-laws to rename the RAC the “Post-graduate Training Committee”, to better reflect the committee’s mandate overseeing both residency and fellowship training in Canada. 🍁

Patient Advocacy: Let's do our Part!

Dr. Tom Kinahan ✿ Kelowna, BC & Dr. Kourosh Afshar ✿ Vancouver, BC

As Canadians, we have the good fortune to be living and practising in a prosperous and safe country. This reality has been recently brought into focus by 2 major world events: the Vancouver 2010 Olympic Winter Games and the earthquake disaster in Haiti. The Olympics, with its lavish spending, showcased world-class sports with a magnificent environmental and cultural backdrop. In contrast is the earthquake disaster in Haiti, which underscores just how unfair the randomness of birthplace can be. In Canada, as physicians and especially surgeons, we treat people who are the most vulnerable, frightened and sick. However, in the developed world, we are reasonably assured of rapid competent medical attention when we need it most. This is not the case in extremely poor countries where political turmoil and natural disasters tax the ability of even the most well-meaning government leaders to provide even basic medical care for their citizens.

All of us at one time or another have wondered how we can help, not just by donating money (which Canadians have done in record amounts in response to the earthquake in Haiti), but also by giving our time as urologists. Some of us have been fortunate to be able to help out on overseas, surgical missions, which have helped to correct congenital abnormalities or other problems, often organized by international groups such as the Canadian Network for International Surgery (www.cnis.ca) or through the AUA. Recently, with growing proof that male circumcision can dramatically reduce the rate of female-to-male HIV transmission in sub-Saharan Africa, an opportunity to help those less fortunate has come up that deserves our attention and participation. I had the opportunity to go with a delegation of doctors, nurses and

clinical epidemiologists to Kenya and Rwanda (2 of the worst-hit areas). We observed, taught and performed male circumcision over a two-week period. This project gave birth to CANCEIRC or the Canadian-African Initiative for Circumcision. The mandate of this initiative is to continue with our model of providing circumcision teaching and training for medical practitioners in countries in need.

If you have already volunteered overseas or if you would like to step up to the plate and consider donating your time and expertise, now is the perfect time to get involved! It is estimated that if widespread male circumcision can be safely taught to medical practitioners, up to 5 million lives may be spared in the next 10 years in Africa alone.

Coincidentally over the last few years, the CUA Executive has worked to support the development of an Office of Patient Advocacy, to lend the help of the CUA in a variety of ways. As part of this effort, we will be convening an interest group at the Charlottetown CUA Annual Meeting in June. Our group would like to see as many CUA members, residents and others who have an interest in this initiative show up and start this worthwhile process. In preparation for this meeting, we will be sending out a survey to ask members about their previous experience, their interest in volunteering in Africa and other places, and their ideas for the future direction for the CUA in international efforts and policy development in areas of urology. Please join us if you can. The date, time and place will be announced in the near future. As a citizen of one of the most wealthy nations on the planet, you will find that it feels very good to give back! ✿



Male circumcision is performed in Africa.



Proposed Changes to CUA Bylaws

Members: Dr. Jerzy Gajewski, Dr. Laurence Klotz, Dr. Denis Lavoie; Chair: Dr. Sender Herschorn

Article XVII: AMENDMENT OF BYLAWS

(a) Amendment of Bylaws

The bylaws of the Association not embodied in the letters patent of the Association may be repealed or amended by bylaw enacted by the Executive and sanctioned by an affirmative vote of the Voting Members **with a 2/3 majority of those in attendance** at a meeting duly called for the purpose of considering the said bylaw, provided that the repeal or amendment of such bylaws shall not be enforced or acted upon until the approval of the appropriate Minister of the Industry has been obtained.

Article VII: STANDING COMMITTEES

(f) Post-graduate Training Committee

- (i) **The Post-graduate Training Committee** shall have identical membership to the Royal College of Physicians and Surgeons of Canada Specialty Committee for Urology. It shall consist of the Program Directors of all residency education programs in Urology in Canada, representatives of the five (5) Regional Advisory Committees of the Royal College of Physicians and Surgeons of Canada, the chair of the Examination Board in Urology of the Royal College of Physicians and Surgeons of Canada and a representative community based practicing urologist. The chair will be selected according to the process for selection of Specialty Committee chairs of the Royal College of Physicians and Surgeons of Canada.
- (ii) **The Post-graduate Training Committee** will have a nucleus group of representatives of the five (5) Regional Advisory Committees of the Royal College of Physicians and Surgeons of Canada and the community based member, to be chaired by the chair of the Post-graduate Training Committee.
- (iii) **The Post-graduate Training Committee** shall study the standards of education and training most suitable for the development of urologists and shall act for the Association in collaboration with the Royal College of Physicians and Surgeons of Canada for the establishment of objectives of training, specialty training requirements, standards of accreditation, and examination requirements and other educational issues related to residency education in Urology in Canada.
- (iv) The chair shall submit a report in writing to the Vice-President Education as requested, at least semi-annually for presentation at each meeting of the Executive, and the Annual Meeting.

All other references to the Residency Affairs Committee in the Bylaws shall be changed to the new title of Post-graduate Training Committee.

(k) Prize Essay Committee

- (i) The Prize Essay Committee shall consist of the chair of the Scientific Program Committee who will act as chair, and two other members of the Scientific Programme Committee, selected by the chair, normally from different centres.

- (ii) There will be two (2) prize essay presentations at each scientific meeting; one (1) on a basic science subject and one (1) on a clinical subject related to urology.

(iii) The prize essays will be selected from the submissions for each annual scientific program.

(iv) The prize is open to any Active, Associate or Candidate Member of the Association:

Who is currently in a residency or fellowship program.

Or who has completed residency or fellowship not more than three years previously;

And is currently practicing in Canada

Or intends to begin practice in Canada upon the completion of residency or fellowship.

- (v) The essay shall not have been previously published or awarded a prize, nor shall it have been presented to any meeting other than to the essayist's hospital staff. Essayists will be required to submit a letter stating that they have not published the paper nor received a prize for it if they wish to be considered for this prize.
- (vi) Each prize-winning submission will be presented during the scientific program.

(g) Vice-President Education

The Vice-President Education shall be responsible for the strategic development and coordination of all medical and scientific activities of the Association and of event management functions. In particular the Vice-President Education shall:

- (i) coordinate the activities of the Guidelines, Continuing Professional Development, Patient Information and Residency Affairs Committees;
- (ii) coordinate the scientific, educational and organizational aspects of the Annual Meeting including the activities of the Annual Meeting Planning Committee, Scientific Program, Prize Essay, and Local Organizing Committees;
- (iii) be responsible for scientific and educational relations with affiliated and other societies;
- (iv) attend all meetings of the Executive.

The Vice-President Education shall be eligible for re-nomination and re-election annually but not exceeding four (4) terms of office unless such further term or terms of office is approved by a resolution passed by at least sixty-six and two-thirds (66 2/3%) percent of the Voting Members present at an Annual Meeting. 🍀





Passing the Baton: Finding a New Historian

Dr. Ian Davis, CUA Historian 🍁 Hamilton, ON

I am nearing the end of my term as Historian. I have enjoyed the position and hopefully raised interest in the history of our specialty.

For the last 3 years a History of Urology lecture has been presented at the Annual Meeting and has been well-received. There will not be a lecture this year, but there will be an opportunity to test your knowledge of some of the historical facts related to our specialty, which I know you will enjoy.

Some of you may have noticed that our website does have some information regarding past meetings and there are plans to continue developing this site. We hope to have photographs and

vignettes of our past leaders and of those who have contributed to the development of Canadian urology. This is a work in progress.

We continue to look for an archivist to help organize our records and establish a system whereby we can build upon the past. If you know of someone who would be interested in this task, we would like to hear from him or her.

The Historian's position is open for nomination in June 2010. I encourage any member of the CUA who is interested in urological history and our Association to contact me or a member of the Nominating Committee. 🍁

CUAJ Report

Dr. Laurence Klotz, Editor-in-Chief 🍁 Toronto, ON



The latter half of 2009 has been a time of good news and challenges for CUAJ.

This year we ended our working relationship with the Canadian Medical Association. It no longer handles the publishing activities of

the journal. August 2009 was the last issue they published for CUA. As of October 2009, the complete publishing tasks are handled insaving considerable money. Under Josephine Sciortino's supervision, CUAJ has contracted the work for the desktop publishing to Wordstyle Productions in Toronto; the printing and distribution are handled by Dollco Printing in Ottawa. The Editorial Director handles author correspondence, manuscript processing, peer-review and oversees layout, circulation and distribution.

We are now looking for an Associate Editor to assist in content development. Look for our ad in the April 2010 issue of CUAJ. Interested candidates are encouraged to contact me at Laurence.Klotz@sunnybrook.ca.

The number of manuscripts has increased from 131 in 2008 to 180 in 2009. CUAJ continues to receive most of its manuscripts from Canadian authors. However, our authors are diversifying. CUAJ also is receiving papers that cover a wide variety of urological sub-specialties.

Our challenges are mostly financial. The level of revenue has decreased this past year. As of the February 2010 issue, we have matched the number of advertisers from the 2009 February issue (10 advertisers). Our revenue (notably from journal advertising) is down because there are fewer newer urology drugs on the market and because existing pharmaceutical companies are decreasing their marketing budgets.

We have not completely taken advantage of the new technologies. Our website is still in its infant stage and this is something we must tackle this year. Mastering these technologies will allow us to further increase our revenue potential and diversify the revenue stream (not depending solely on print media).

Our growth projections include: increasing our classified ad revenue, increasing the number of supplements, improving the CUAJ website and establishing a publication before print model. 🍁





CUASF Negotiates with TD for Preferred Client Status

Dr. Gerry Brock, CUASF Administrative Council 🍁 London, ON

This will be my final submission as Administrative Chair of the CUA Scholarship Foundation (CUASF). It has been a distinct pleasure and honour to work with members of the Executive, the investment advisors, accountants, administrators and CUA office staff over these past few years.

The CUASF plays a vital role within our organization, enabling young researchers to gain peer-reviewed support and financial backing during a formative period in their careers. Truth be told, the grant support provided by CUA members and industry partners through this foundation has historically been the first research support awarded to most of the successful Canadian urologists currently practising in Canada.

CUA members should be proud of what our Association and the CUASF have achieved over the past couple of decades. In spite of a rocky 2007-2009 investment period, aided in large part by solid financial advice, our financial position remains rock solid and we continue to provide between 5 and 8 grants of \$40,000 annually to deserving young researchers and clinicians. Our long-term goal of reaching complete financial independence and being able to provide these awards based on investment returns alone is well on its way, although not yet achieved!

The financial landscape and rules governing relationships between the pharmaceutical industry and physicians are ever-changing, but appear to be heading towards greater restrictions and smaller contributions. The ability of the CUASF to continue to serve as a major source of seed money, able to provide grant awards to deserving young graduates, will be challenging. With this in mind, we have explored the potential of partnering with non-traditional industry partners outside of the pharmaceutical industry.

The Finance Committee of the CUA, in consultation with members of the CUASF Administrative Council, has negotiated an exciting partnership with the TD Bank and TD Private Investment Counsel. More information related to the specifics of what will be available

to CUA members through this arrangement will be enclosed with this Newsletter. The idea arose from the stable returns the CUASF investment accounts produced over the past 5 years, in spite of turbulent markets and the need to generate adequate cash flows to cover the grants each year. Additionally, our younger members, whose practices are still growing and who have limited financial experience and resources, typically are expected to pay the highest management fees on their accounts (typically 1.35%) - this clearly needed to change. The agreement with TD-CUA is that these accounts would now see a reduction in by more than half!

I hope that this negotiated reduced fee and preferred services package offered by the TD is taken advantage of by members!

In summary, here is what this TD-CUA partnership will provide to CUA members:

- World-class investment advice as a preferred client at a fraction of the usual cost (a reduction of 50-75%).
- Access to a senior TD portfolio manager.
- Complete confidentiality from the CUA, as our only role will be to introduce you to the investment team and assure you receive the highly discounted service fees.
- Preferred client status with TD, from the start, even if you invest just a modest amount. 🍁



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Association

Have you seen our website?

*You can access our new patient information site,
gain free, full-access to CUAJ, and much more.*

Visit **CUA.ORG** today!



Summary of CUA benefits

Dr. Jerzy Gajewski, CUA President 🍁 Halifax, NS



CUA members are part of an active and influential organization committed to the advancement of Canada's urological community. Membership affords several valuable benefits, including:

- Substantial discounts on registration fees for the CUA Annual Meeting.
- Exclusive access to Patient Information Brochures. These printable PDF brochures cover over 50 topics in urology and are written in easy-to-understand language for your patients.
- Subscription to the peer-reviewed and indexed Canadian Urological Association Journal (CUAJ).
- Ability to earn CME credit through the CUA Office of Education.
- Access to secure members-only content on the CUA web site.
- Involvement in cutting-edge Canadian research through the Canadian Urology Research Consortium (CURC).
- Eligibility for funding from the Canadian Urological Association Research Foundation (CUASF).
- Option to participate in the CUA Guidelines Committee and the chance to become a key voice in the development of Canadian guidelines in urology.
- Option to use the resources of the CUA Office of Education to plan and execute your own educational events, and save the applicable taxes!
- Access to symposia, supported by industry, yet completely developed by the CUA.
- Reduction (10%) off the best available rate of the day at Fairmont Hotels & Resorts locations (www.fairmonthotels.com).
- Reduced asset management rate of 0.65% at the TD Bank, which allows members to benefit from sound financial advice at a competitive price (www.tdcanadatrust.com).
- Invitation to the CUA Reception during the AUA Annual Meeting. 🍁





Upcoming Meetings of Interest in 2010

May 29- June 3, 2010

AUA Annual Meeting
San Francisco, CA
www.aua2010.org

June 10-16, 2010

AUA Basic Sciences for
Urology Residents
Charlottesville, VA
1-800-908-9414
www.AUAnet.org

August 23-27, 2010

Joint Annual Meeting
of the International
Continence Society
(ICS) & the International
Urogynecological
Association (IUGA)
Montréal, QC
www.ics-iuga.com

A Tribute to Alan Henry Irvine

Dr. Ronald G. Gerridzen ❖ Ottawa, ON



Two days before the 2009 CUA Annual Meeting in Toronto, Dr. Alan Irvine passed away peacefully at the age of 84. "Big Al," or "AHI" as he was affectionately known, was a quiet and insightful thinker, a Canadian urological leader, pioneer surgeon, researcher and a strong influence on my own career in medicine and subsequently urology.

Predeceased by eldest daughter Leslie, Dr. Irvine leaves behind his wife of 58 years Elizabeth (Buff), his son Joe (Christine) and daughter Peggy (Richard).

After serving in the Canadian Army in World War II, he graduated from the University of Toronto Medical School in 1952 and began a career in urology at The Ottawa Civic Hospital in 1958. During his career, he served his university, his hospital and his specialty with pride and dignity. He quickly rose through the ranks becoming Full Professor in 1971. In 1978, he was appointed Chair of the Division of Urology at the University of Ottawa and Chief of the Division at The Ottawa Civic Hospital, eventually becoming Surgeon-in-Chief in 1983. Al served on the Royal College Test Committee and Examination Board in urology, and held various positions with the CUA and the Canadian Academy of Urological Surgeons, eventually serving as President of both organizations. He also served as President of the Northeastern Section of the AUA. He was honoured by his peers in receiving the CUA Life Achievement Award in 1992.

Al was an accomplished wood carver and sketcher, and his beautiful cottage in the Gatineau region of Quebec remains adorned with his work. Upon retirement in 1989, he dedicated time to his family and hobbies, also serving on the Board, and eventually as President, of the Gatineau Fish and Game Club.

In 1982, when I was nearing completion of residency and my daughter Jennifer was 2 years old, Al lofted her onto his shoulders and walked her out onto the west-facing deck of his cottage to observe a beautiful sunset over the quiet lake whilst the loons were calling...this was the quiet, thoughtful and passionate Dr. Irvine that I remember. In his passing, we have lost a great Canadian surgical leader, colleague, mentor and friend. ❖



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CUA Newsletter - E-VERSION

If you would like to receive future editions of the CUA Newsletter electronically, please contact the CUA Central Office at 514-395-0376, ext. 40 or email Josephine Sciortino at josephine.sciortino@cua.org.