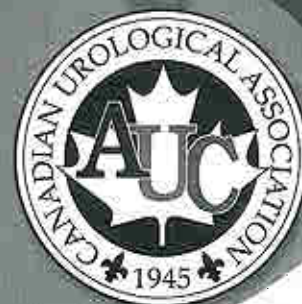


CUA *news*

Newsletter from the Canadian Urological Association

spring-summer
2006



President's Message

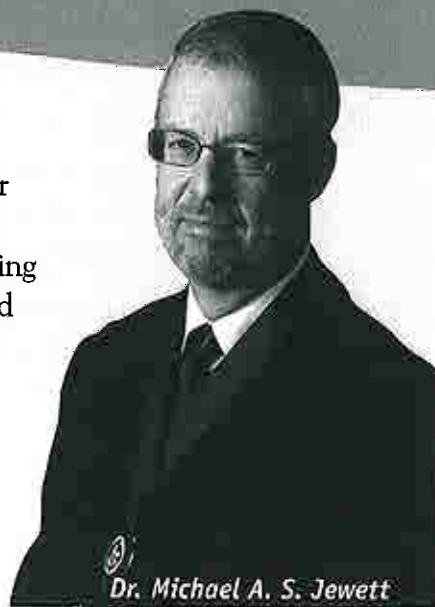
Mike Leonard, our Secretary, has been a leader in our organization from the very first day he took over. He has produced the Newsletter, keeping his ever changing Executive members informed about the traditions and policies that have evolved and kept our organization healthy, and written up endless minutes of teleconferences and meetings. He is a tireless volunteer. We are lucky to have him. Thank you Mike.

Your executive team has been working hard for you since assuming office in June. As usual, we held the Winter Executive meeting at the end of January, this year in Halifax. At the General Meeting over lunch at the Annual Meeting, you will hear the final proposal for an Office of Education. It will be an exciting proposal that will impact on how our organization will function. We are working on a new approach to publication as well.

The Annual Meeting in June is well outlined in this Newsletter and you can register on line. We have strong support from industry and we expect a large number of members to attend. Halifax is always popular. We received a huge number of excellent abstracts and had to turn many down. With our star lineup of guest speakers and visitors, the meeting promises to be very rewarding. Peter Anderson and his Scientific Committee have worked hard to put it together. Susan Picton and her Urologists have come up with great local arrangements. Bring your families and learn about our historical, beautiful Nova Scotia.

The Central Office support continues to enable our important activities. The continuity and stability allows the executive and committee members to focus on the important matters.

(continued on pg. 2)



Dr. Michael A. S. Jewett
President
Canadian Urological Association

2006 Annual Meeting Halifax

Halifax is ready to host the 61st Annual Meeting of the CUA from June 25-28, 2006. Atlantic Canada has always been a popular venue with many members combining attendance with a family holiday over the July 1st weekend. Peter Anderson has put together an outstanding scientific program that is sure to be of great value to the delegates and Susan Picton is coordinating the efforts of the Local Arrangements Committee to ensure an enjoyable meeting for all participants.

(continued on pg. 2)



Future CUA Meetings

June 25-28, 2006	Halifax, Nova Scotia
June 24-27, 2007	Quebec City, Quebec
June 22-25, 2008	Edmonton, Alberta
June 28 - July 1, 2009	Toronto, Ontario
June 27-30, 2010	Charlottetown, PEI



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President's Message *(continued from pg. 1)*

In December, Neil Fleshner, our Chair of the Socioeconomics Committee chaired a conference that has resulted in draft definitions of optimal wait times for urological cancer surgery. These guidelines will be presented in Halifax which should produce some productive discussion.

We have been increasing our efforts to work with other organizations in Canada including the CMA, Royal College and Federation of National Specialities. There are many common areas of interest.

The Newsletter contains major bylaw change proposals that make dull reading but are required by our bylaws and will be explained in June. Bring them along or discuss them with your executive.

Michael A. S. Jewett, President

2006 Annual Meeting Halifax

(continued from pg. 1)



Guest Speakers at the meeting include:

Dr. Colin Dinney	Houston	Uro-oncology
Dr. Mary Gospodarowicz	Toronto	Radiation Oncology
Dr. Gerry Brock	London	Andrology
Prof. Pierre Mouriouand	Lyon	Pediatric Urology
Dr. Steven Nakada	Madison	Endourology
Dr. Mike Coburn	Houston	Trauma
Dr. Richard Wassersug	Halifax	Androgen Deprivation
Mr. John Fitzpatrick	Dublin	Prostate
Dr. Laurence Klotz	Toronto	Oncology (CUASF Speaker)

Please visit the meeting website at www.cua.org/cua2006 for more information on the meeting programs, registration and hotels.

Editor
Michael P. Leonard
Ottawa, Ontario

CUA Executive 2005-2006

Officers:

President	Dr. Michael Jewett
President-Elect	Dr. Luc Valiquette
Vice-President	Dr. Jim Metcalfe
Past-President	Dr. Ron Gerridzen
Secretary	Dr. Michael Leonard
Treasurer	Dr. Jerzy Gajewski
Treasurer-Elect	Dr. Stuart Oake

Members at Large:

Dr. Armen Aprikian
Dr. Doug Drover
Dr. Bruno Laroche
Dr. Karen Psooy
Dr. Gary Steinhoff
Dr. John Trachtenberg

Standing Committee Chairs:

Administrative Council CUASF	... Dr. Gerry Brock
Scientific Council CUASF Dr. Tony Khoury
Socioeconomic Committee Dr. Neil Fleshner
Training, Education and Evaluation	Dr. Jim Wilson
Historian Dr. Ian Davis
Scientific Program Committee, Halifax 2006 Dr. Peter Anderson
Guidelines Committee Dr. Sender Herschorn
Continuing Professional Development Dr. François Bérard (interim)
Patient Information Committee Dr. Rob Siemens
Information Technology Committee	Dr. Ken Pace
Awards Committee Dr. Jim Metcalfe
Endorsement Committee Dr. Ron Gerridzen
Nominating Committee Dr. Ron Gerridzen
Bylaws Committee Dr. Luc Valiquette
Finance Committee Dr. Jerzy Gajewski

PIC News



Dr. Siemens

Dear CUA member,

The CUA Patient Information Committee is pleased to inform you that the 9th installment of the CUA patient brochures was made available to the membership this past fall. These new brochures covered the following topics:

- Urethral strictures
- Hormonal therapy for prostate cancer
- Scrotal swellings
- Laparoscopy
- Hematuria

Since the launch of this last series, the committee has been working on what is likely to be the last installment of patient brochures. Five more brochures are being developed to cover the areas of:

- Testosterone replacement in the aging male
- Indwelling catheter care
- Vasectomy reversal
- Renal colic
- Radiotherapy for prostate cancer

This will make 50 brochures developed since November 2001, and we have distributed well over one million to CUA members. Although there are available brochures for most significant urologic conditions and surgical procedures, the committee will continue to keep the brochure information updated and consider any new brochures as needed. We hope that you continue to find this service from the CUA beneficial to your patients. Any comments or suggestions regarding these brochures are always welcome.

Rob Siemens

CUA Patient Information
Committee Chair



Dr. Jewett



Dr. Valiquette



Dr. Metcalfe



Dr. Gerridzen



Dr. Leonard



Dr. Gajewski



Dr. Oake

Scientific Program



Sunday, June 25

10:00-10:50	Industry-sponsored Symposium 1: Boehringer-Ingelheim
11:00-12:00	Exhibit Opening/Brunch
12:00-12:15	Scientific Program Opening: <i>Dr. Peter Anderson, Scientific Chairman</i>
12:15-12:45	RCPSC Address: Developments in Medical Management of BPH <i>Guest Speaker: Dr. John Fitzpatrick</i>
12:45-13:45	Podium Session 1: Prostate Cancer
13:45-14:15	CUASF Address: Changing the Paradigm for the Management of Localized Prostate Cancer <i>Guest Speaker: Dr. Laurence Klotz</i>
14:15-14:40	Guidelines Session <i>Dr. Sender Herschorn</i>
14:40-15:10	Break In Exhibit Hall Unmoderated Posters
15:10-16:00	Podium Session 2: Oncology - Prostate, Bladder
16:00-16:30	Invited Lecture: The Contemporary Management of High-Risk Superficial Bladder Cancer <i>Guest Speaker: Dr. Colin Dinney</i>
16:30-17:20	Educational Forum 1: Management of Upper Tract Urothelial Cancer <i>Dr. Scott Bagnell (Chair)</i> <i>Drs. Steven Nakada, Mary Gospodarowicz</i>
18:00	Welcome Reception

Monday, June 26

07:00-07:50	Industry-sponsored Symposium 2: sanofi-aventis Canada Inc.
08:00-08:50	Industry-sponsored Symposium 3: Merck Frosst
09:00-09:40	Podium Session 3: Endourology
09:40-10:10	Invited Lecture: Minimally Invasive Treatments of Small Renal Masses <i>Guest Speaker: Dr. Steven Nakada</i>
10:10-10:40	Break in Exhibit Hall Unmoderated Posters

10:40-11:30	Podium Session 4: Laparoscopy
11:30-12:00	Educational Forum 2: Heart Health for the Urologist <i>Dr. Allan Patrick (Chair)</i>
12:00-13:00	Lunch in Exhibit Hall Unmoderated Posters
13:00-13:10	AUA Address <i>Dr. Paul Schellhammer, AUA President-Elect</i>
13:10-13:40	Invited Lecture: Penile Rehabilitation: Fact or Fantasy? <i>Guest Speaker: Dr. Gerry Brock</i>
13:40-14:30	Podium Session 5: Andrology & Erectile Dysfunction
14:30-15:00	Invited Lecture: Sex after ADT? Options for Patients <i>Guest Speaker: Dr. Richard Wassersug</i>
15:00-15:30	Break in Exhibit Hall Unmoderated Posters
16:00-17:30	Moderated Posters 1: Basic Science - Prostate Cancer
15:30-16:00	Invited Lecture: Surgery for Congenital Incontinence <i>Guest Speaker: Dr. Pierre Mouriouand</i>
16:00-16:40	Podium Session 6: Pediatric Urology
16:40-17:30	Educational Forum 3: Developments in the Treatment of Vesicoureteral Reflux <i>Dr. Jorge de Maria (Chair),</i> <i>Drs. Pierre Mouriouand, Joao Pippi Salle,</i> <i>Michael Leonard</i>
18:30	Lobster Fun Night

Tuesday, June 27

07:00-07:50	Industry-sponsored Symposium 4: GlaxoSmithKline
08:00-08:50	Industry-sponsored Symposium 5: Joint CUA/CUOG/Astra Zeneca Session: Wait Times for Cancer Cases Conference
09:00-09:40	Podium Session 7: Topics in Oncology
09:40-10:10	Invited Lecture: Radiation Oncology <i>Guest Speaker: Dr. Mary Gospodarowicz</i>

Scientific Program

- 10:10-10:30 Break in Exhibit Hall
Unmoderated Posters
- 10:30-11:20 Educational Forum 4:
Renal Cell Carcinoma - New Therapies
for Advanced Disease
Dr. Ricardo Rendon (Chair)
Drs. Lori Wood, Colin Dinney
- 11:20-12:10 Podium Session 8: Prostate Cancer

Wednesday, June 28

- 08:00-08:50 Industry-sponsored Symposium 6: Bayer
- 09:00-09:30 Invited Lecture: Trauma
Guest Speaker: Dr. Mike Coburn
- 09:30-10:00 Podium Session 9: Topics in Oncology
- 10:00-10:20 Break
Unmoderated Posters
- 10:20-11:10 Podium Session 10:
Incontinence/Neurourology
- 11:10-12:00 Educational Forum 5: New Options
for Management of Overactive Bladder
Dr. Greg Bailly (Chair)
Drs. Sender Herschorn, Luc Valiquette,
Jerzy Gajewski
- 12:00-14:00 CUA AGM and Lunch
- 14:00-15:30 Moderated Posters 2:
Prostate Cancer
Moderated Posters 3:
LUTS/Infections/Transplant
Moderated Posters 4:
Pediatric Urology/Education
Moderated Posters 5:
Endourology/Stones
- 15:30-17:00 Moderated Posters 6: Oncology
Moderated Posters 7: Basic Science
Moderated Posters 8:
ED/Infertility/Miscellaneous
Moderated Posters 9:
Neurourology/Incontinence
- 19:00 President's Banquet

Affiliated Society and Committee Meetings

Preliminary Schedule

Friday, June 23

- 12:00-16:00 CUA Guidelines Committee

Saturday, June 24

- 07:00-12:00 Canadian Academy of Urological Surgeons
(CAUS)
- 08:30-16:00 CUA Patient Information Committee
- 11:30-17:00 1st Annual GU Medical Oncology Meeting
- 12:00-17:00 CUA Executive Committee

Sunday, June 25

- 07:00-9:00 Canadian Urological Oncology Group (CUOG)
- 07:00-11:00 CUA Executive Committee
- 09:00-11:00 Canadian Endourology Group
- 09:00-12:00 CUOG Annual General Meeting
- 13:00-17:00 Pediatric Urologists of Canada (PUC)

Monday, June 26

- 07:00-10:00 Canadian Urological Research Consortium
(CURC)
- 08:00-11:00 Canadian Male Sexual Health Council (CMSHC)
- 10:00-12:00 CUASF Scientific Council
- 12:00-13:30 CUA Nominating Committee
- 12:00-13:00 SIU Canadian Section
- 12:00-14:00 CUASF Administrative Council
- 16:00-18:00 Urology Nurses of Canada

Tuesday, June 27

- 06:30-08:00 Council of Canadian University Urology Chairs
(CCUUC)
- 06:30-08:00 Canadian Journal of Urology Editorial Board
Meeting
- 07:00-09:00 Canadian Women in Urology
- 12:00-17:00 CUA Committee on Training,
Education and Evaluation

Wednesday, June 28

- 08:30-10:30 CUA Finance Committee
- 12:00-14:00 CUA Annual General Meeting

CUA Scholarship Foundation

Corporate Sponsorship 2005-2006

Patrons

AstraZeneca Canada Inc.
Bayer Inc.
GlaxoSmithKline Canada
Lilly ICOS
Merck Frosst Canada Ltd.
Pfizer Canada Inc.
sanofi-aventis

Other Sponsors

Abbott Laboratories Ltd.
ACMI Canada Inc.
Cook (Canada) Inc.
Novartis Pharmaceuticals Canada Inc.
Paladin Labs Inc.

The Canadian Urological Association and the Canadian Urological Association Research Foundation are grateful for the past, present and future support of industry. Their contributions to the CUASF have helped us to secure the future of urological research in Canada.

CUASF Scholarship Announcement

Request for applications:

There are three categories of support:

1. Canadian university based researcher
First two years of academic appointment
Lecturer or Assistant Professor
1 year term \$40,000.00
Renewable for 1 year based on merit
2. Community based researcher
1 year term \$15,000.00
Non-renewable
3. CUA-SIU International Scholarship
1 year term \$10,000.00
Renewable for 1 year based on merit
Applicants should be from developing countries
(not Western Europe or North America).

Deadline for application for the above scholarships is **March 1, 2007** for funding to commence July 1, 2007.

Contact information will be forthcoming in the fall newsletter.

Future Directions for CUASF

1. Mandate should continue to be the promotion of high-quality research amongst new graduates.
2. Should become a **self-sustaining** endowment (funding target will need to be ~\$7 million). How?
 - a) Solicit funds from other sources besides medical device/pharmaceutical industry
 - b) Establish matching or leverage opportunities with other granting groups
 - c) Develop other fund-raising initiatives (could use AUA Foundation for inspiration) e.g. a social event at the Annual Meeting to raise money
3. Actively promote the careers of award winners through increased exposure of the "fruits of their labor" - e.g. make it an expectation that visiting professorships/manuscript publication in *CJU* will be established/required of all future award winners.
4. To encourage work of the highest quality, consider increasing the award amount and reducing the number of grants given out each year.

Hassan Razvi

Former Chair of Administrative Council of the CUASF
London, Ontario

The CUASF has grown from a lofty idea of Dr. Ken MacKinnon to its current productive state. Many faculty members from centre throughout the country owe their academic career to their CUA Scholarships. With its evolution and maturation, financially and infra-structurally, my vision for the CUASF for the next decade can be summarized as follows:

1. that the CUASF maintains and fulfills its mandate of assisting young /new academic urologists to become established investigators, but also ...
2. assume the role of facilitating new graduates who wish to further their training or to acquire additional skills prior to commencing their community practice
3. that the CUASF changes from its current function of providing partial Salary Support for new faculty of members to
 - a. providing a limited number of initial 2-year Operating Grants for new faculty members at academic centres, and
 - b. providing a limited number of "CUASF Fellowships" for new graduates to pursue post-graduate training at Canadian centres, concentrating on one-year clinical Fellowships, for those intending to start community practices

The number of award commitments will obviously depend on the availability of funds:

e.g. Two 2-year Operating Grants @ \$50,000 per yr = \$200,000 commitment and

Two 1-year Clinical Fellowships @ \$50,000 per yr = \$100,000

Total commitment = \$300,000 per year for CUASF.

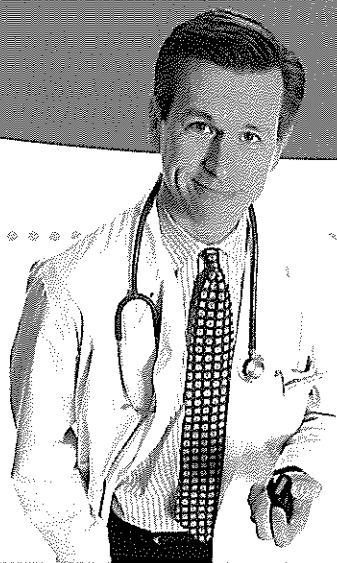
Decreasing the Operating Grants to one instead of two, the yearly commitment will decrease the commitment to \$200,000 per year.

Respectfully submitted by

J.L. Chin

Former Chair of Scientific Council of CUASF
London, Ontario

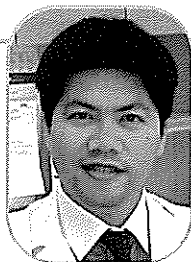
CUASF Scholarship Awards 2005



Dr. Kirk Lo University of Toronto

Dr. Kirk Lo received his medical degree and Urologic training at McGill University. He was awarded the prestigious American Foundation of Urologic Diseases (AFUD) Scholarship to study under Drs. Larry I. Lipshultz and Dolores J. Lamb at Baylor College of Medicine in the field of Male Reproductive Medicine and Surgery.

Dr. Lo's primary interest and expertise are in the area of Testicular failure and Andrology. He is currently performing research in the utilization of stem cells for the treatment of male infertility and hypogonadism.



Dr. Peter Pommerville Victoria, BC

Dr. Peter Pommerville, a practicing urologist, is an active staff member of the Vancouver Island Health Authority, which includes the Royal Jubilee Hospital and Victoria General Hospital.

Among his scholarly and professional activities, Dr. Pommerville has conducted numerous clinical trials in ED, BPH, Prostate Cancer and Urinary Incontinence. He is a guest lecturer in the Department of Continuing Education at the University of Victoria and holds the position of Clinical Instructor in the Faculty of Medicine at the University of British Columbia. He is also a regular reviewer for The Canadian Medical Association Journal.

Dr. Pommerville is a member of several professional organizations, including the Canadian Continence Foundation, Canadian Urological Association, Canadian Male Sexual Health Council, and the American Urological Association. He is also the Vice-Chair of the Canadian Male Sexual Health Council and a past president of the Northwest Urological Society.

Dr. Pommerville received his medical degree from the University of Ottawa in 1978 and became a fellow of the Royal College of Physicians and Surgeons Canada in 1984.



Dr. Luis Henrique Perocco Braga University of Toronto

Dr. Braga obtained his medical degree from the Federal University of Minas Gerais (UFMG), Brazil, in 1993. He stayed at UFMG to do a residency in general surgery from 1994 to 1996 followed by a residency in pediatric surgery from 1996 to 1999.

In 1999 he went to Roen, France, to pursue a fellowship in pediatric urology, under the supervision of Professor Mitrofanoff. The following year, in Lyon, France, he completed a fellowship in pediatric urology under the supervision of Professor Mouriquand.

In 2001, Dr. Braga obtained a Masters of Science degree in surgery from UFMG. He practiced as a consulting pediatric urologist from 2001 to 2005 and was Assistant Professor of Surgery at UFMG from 2003 to 2004.

Dr. Braga is currently doing a fellowship in Pediatric Urology at the Hospital for Sick Children in Toronto.



Dr. Xiaodong Zhang McGill University

Dr. Xiaodong Zhang is an oncologist and urologist at the Peoples Hospital, and Director of the Department of Urology, Beijing Chaoyang Hospital, in Beijing, China.

Dr. Zhang completed his undergraduate studies at Bethune Medical University in Beijing in 1984 and went on to do postgraduate studies there. He obtained his Master of Science degree in 1988 based on his research "detection of urinary SIg in patients with bladder cancer." Subsequently, from 1991 to 1994, Dr. Zhang continued his education at the Western Cancer Center of Germany, at Essen University in Germany, where he was visiting scholar, investigating "the cytogenetic analysis of testicular cancer." In 1996 he obtained his medical degree and PhD from Peking University.

From 1995 to the present, Dr. Zhang has worked as a researcher, focusing on urodynamics and neurourology, in the Uro-oncology Department at Peking University. From 1999 to the present, he has been a Professor of Urology at Peking University. In 2002, he was a visiting scientist at the Urological Department, Norris Cancer Comprehensive Diagnosis Center, University of South California, in Los Angeles.

Dr. Zhang is the author of over 20 publications in Chinese medical journals.



Highlights of the CUA Winter Executive Meeting

The CUA Winter Executive meeting took place at the Prince George Hotel in Halifax NS on Saturday, January 28, 2006. The following points constituted highlights of the meeting.

- The proposed CUA Office of Education (please refer to organogram in the 2005 Fall Newsletter) took another step forward as the Executive approved the concept. To make it a reality there are many bylaws changes required to reorganize the CUA along the appropriate lines. Dr. Luc Valiquette and his hard working Bylaws Committee will bring forward these proposed changes and the membership will have an opportunity to vote on them at the upcoming AGM in June. *Please take an opportunity to review the proposed bylaws changes as outlined in this newsletter (or on-line at www.cua.org).*
- The CUA is in the process of negotiating with the Canadian Journal of Urology in an attempt to acquire ownership of this indexed journal. The CUA is not intending to take on the role of publisher for the journal. Such an arrangement currently exists with the AUA and the Journal of Urology.
- The Central Office has continued to provide excellent administrative support for the CUA. In addition, this year will mark the first time the Central Office has assumed responsibility for the organization of our annual general meeting, instead of the CUA contracting with a Professional Conference Organizer. In the near future there will be another expansion of the role of the Central Office, once the Office of Education is a reality.
- The 2005 Ottawa meeting was a resounding scientific, social and financial success for the CUA. Drs. Gerridzen, Oake and Morash were thanked on behalf of the CUA for putting on such a fine conference.
- The Training, Education and Evaluation Committee (TEE) has formally requested via the process of a bylaws change to be re-branded as the Residency Affairs Committee. This change is being proposed to more accurately describe the committee's raison d'être.
- The Continuing Professional Development Committee is in the process of reapplying to the Royal College of Physicians and Surgeons to maintain its status as an accreditor for CPD activities. CUA members should remember that if they wish a local scientific meeting accredited for RCPSC MOC credits, the CPD committee will review their meeting outline and award the appropriate accreditation free of charge. Non-members are charged a \$2000.00 service fee.
- The Socio-Economic Committee headed by Dr. Neil Fleshner was recently involved in a urological oncology surgical wait times conference, sponsored in part by the CUA. The results were reported to the Executive and will be submitted for publication so that they will be widely disseminated and accessible to all urologists and parties of interest.
- The IT Committee, under the direction of Dr. Ken Pace, will be moving forward with plans to upgrade and update the CUA website. It is hoped that such features as a protected members only area (access will be your CUA membership number found on your CUA membership card) will be available in the near future. This will provide the opportunity for on-line CPD and access to members-only databases.
- The Canadian Urological Association Scholarship Foundation continues to do well. With the new Patron level of meeting sponsorship, a reliable source of revenue to build the research endowment fund has been made possible. Views on the future of the CUASF may be found in this newsletter.
- The Canadian Urological Association remains in a solid financial state, according to our treasurer, Dr. Jerzy Gajewski. Dr. Gajewski will be handing over the reigns of treasurer to Dr. Stuart Oake after the AGM in June 2006. Dr. Gajewski should be thanked and congratulated for his careful handling of the CUA's finances over the last five years.
- The Guidelines Committee under the guidance of Dr. Sender Herschorn is busy writing new guidelines and in editing previously published guidelines. Among plans for the future would be to structure educational forums at the annual meeting to bring guidelines to life in the context of real clinical scenarios.
- The Patient Information Committee, under the leadership of Dr. Rob Siemens, continues to do important work on behalf of our membership. With over 1.4 million pamphlets shipped and nearing 50 topics, the committee may well be entering a maintenance phase. Like guidelines, the PIC pamphlets will require ongoing reviews / updates to make sure they reflect current practice.
- The CUA currently provides modest financial support to the annual "Urology Fair" in Toronto. At this venue, medical students applying to Urology programs congregate with the program representatives to conduct interviews. There is a similar program in Montreal for Francophone students applying to the Quebec Urology programs. It was agreed that the CUA would support the Quebec Urology Fair at a level commensurate with the smaller number of candidates attending to provide a level playing field for all applicants in Canada.

Newest CUA Guideline Proposed

Androgen Replacement in Men

Committee Members: Douglas N. Drover,
John Grantmyre, Alvaro Morales, and Richard Casey

There are a number of undisputable indications for androgen replacement in men (e.g. Kallman's syndrome, anorchia). For these men testosterone can be replaced with complete restoration of androgen function. Recently, it has been recognized that many older men have a testosterone deficiency relative to younger men. By the time a man is over 60 years of age, the chances that his testosterone will be low (compared to younger men) may be as high as 20-50% (1-2). In some men, this hormone deficiency can be associated with a variety of symptoms and signs that have been termed andropause. Treatment of men with testosterone has resulted in improvement of symptoms of general well-being and sexual function as well as increased bone mineral density and increased lean body mass. The trials supporting the treatment of andropause have been small and the outcome data remains inconclusive (3-4). This lack of data prevents the CUA guideline for either screening or treating andropause. Nevertheless, the use of testosterone for hypogonadism in Canada is increasing and the following is an overview of the guidelines for proper measurement and safer administration of testosterone preparations are proposed.

- Symptoms and signs of andropause overlap significantly with other illnesses.
- The most reliable indices of androgenicity are bioavailable testosterone or the calculated free testosterone. The levels of testosterone vary greatly through the day, and must be measured between 8:00-11:00am when they are highest. It is appropriate to confirm abnormal results before considering treatment.

- A simplest and most economic method of testosterone administration is to use either testosterone enanthate or cypionate 200mg every two weeks or 300mg every three weeks. However, this form of replacement may be the least physiologic and has the most potential for adverse effects related to androgen excess. Oral undecanate testosterone has an established safety profile from a liver standpoint. Transdermal formulations using patch or gel formations both appear effective and convenient.
- When recommending testosterone supplementation it is important to establish a biochemical baseline including PSA, liver function tests, lipid profile, CBC, blood sugar, prolactin, FSH, LH, and TSH (5).
- Perhaps the most understudied yet potentially concerning effects of testosterone replacement involve the prostate. Both hyperplasia and cancer develop only in the presence of testosterone. Several studies of short duration (less than five years) have not demonstrated an increased incidence of prostate cancer with testosterone replacement. Likewise, progression of obstructive urinary symptoms have not been demonstrated in short term studies.
- Contraindications include prostate cancer, male breast cancer and planned fertility

The proposed guideline will be voted on at the AGM. If members have any feedback please contact Dr. Sender Herschorn, Chair of the Guidelines Committee (guidelines@cua.org).

Upcoming Meetings of Interest

American Urological Association Annual Meeting

Dr. Michael Jewett, CUA President, invites you to attend the Canadian Urological Association President's Reception at this year's AUA Annual Meeting in Atlanta.

Monday, May 22, 2006, 5:30 – 8:00 p.m.
Omni Hotel at CNN Center, International Ballroom F
(North Tower)



The **Canadian Academy of Urological Surgeons** will be holding its Annual Meeting on Saturday morning, June 24th, 2006 in Halifax. CAUS members will be mailed meeting notification and dues notice prior to the meeting. However all members of CUA are welcome to attend the scientific sessions of this meeting. The CAUS dinner will be on Friday June 23rd at

a prestigious Halifax Club starting with cocktail at 6:30 pm. The scientific session will be on Saturday June 24th, 2006 from 8:00-11:00 am and business meeting from 11:15-11:45 am. Rooms TBA. The topic will focus on legal issues in academia including running the non-profit medical societies, contracts with industry (advisory boards and clinical trials) and others. We have invited several speakers including Sender Herschorn - Professor and Chair Division of Urology, University of Toronto, Thomas Singleton - Lawyer - Singleton & Associate, Halifax and Lisa Underwood - Director, Research Services CDHA, Halifax. Drs Jerzy Gajewski and Anil Kapoor are looking forward to see you at the meeting.

The CUA will consider assisting members in the electronic broadcasting of accredited Canadian meetings of urological interest. Interested parties should contact the CUA Central Office for consideration.

The CUA is approved by the Royal College of Physicians and Surgeons of Canada as an accreditor. If you have a local or regional meeting you wish to have accredited for MOC please contact the CPD Committee of the CUA (cpd@cua.org).

Nomination Process for the CUA

Dr. Ron Gerridzen, Past-President of the CUA, chairs the Nominating Committee for 2005-2006. The Nominating Committee has the responsibility to ensure that all positions on the CUA Executive are filled. The Nominating Committee would appreciate names of CUA Active Members who would be willing and able to fill the positions that are open. The Committee will be responsible for asking the individual if he/she is willing to serve the Association. All individuals that are presented to the Nominating Committee will be carefully considered. However, not all of those suggested will have their names appear on the slate of nominees, as the Nominating Committee is charged with recommending a single individual for each position. In those situations in which the Nominating Committee cannot agree on a single individual, a recommendation will be made at the Annual General Meeting (AGM) that a vote takes place to fill the position. According to the Bylaws of the CUA, nominations may be received from the floor of the AGM as well. Please forward the names of potential Executive Committee members to:

Dr. Ron Gerridzen
Division of Urology
The Ottawa Hospital – Civic Campus
1053 Carling Avenue
Ottawa, Ontario K1Y 4E9
Tel: 613-761-4500 Fax: 613-761-5305
Email: past-president@cua.org

NOMINATIONS OPEN FOR 2006

Vice-President

(President for Toronto, 2009)

Secretary-Elect (1-year term / 5-year term as Secretary)
(To replace Dr. Michael Leonard July 2007)

CUASF Scientific Chair / 5-year term
(To replace Dr. Tony Khoury)

Member-at-large / 3-year term
(To replace Dr. Doug Drover)

Member-at-large / 3-year term
(To replace Dr. Gary Steinhoff)

Nominating Committee / 2-year term
(To replace Dr. François Bénard)

Where Are They Now?

The contact information at the CUA Central Office for the following individuals is not current. If any member has information regarding their whereabouts please contact the CUA Central Office (central.office@cua.org) or the CUA Secretary (secretary@cua.org).

Active

Wayne L. Cyr	Active
Hasan Farsi	Active
Dianne M. Heritz	Active
Camille Torbey	Active

Associate

A. Emerson Dunphy	Associate
William Jacobson	Associate
Richard W. Johnson	Associate
Ali Abdul Jalil Thwaini	Associate

Candidate

Mohammad Al Omar	Candidate
Mana Al-Assiri	Candidate
Luke Fazio	Candidate
Emmanuel Kawa	Candidate
Omar Nazif	Candidate
Paul Ouellette Jr.	Candidate
Trevor Schuler	Candidate
Alp Sener	Candidate
Richard D. Sowery	Candidate
Thomas Trinh	Candidate
Peter Vlaovic	Candidate

Senior

John L. Bishop	Senior
J. J. Bourgouin	Senior
John M. Brewster	Senior
Robert W. Bridge	Senior
Barry B. Caplan	Senior
Barry W. Cook	Senior
Gerald T. Cook	Senior
Leonard Cox	Senior
Leonard Crimp	Senior
Jean Denys Dufresne	Senior
Harold W. Estey	Senior
R. R. Francis	Senior
Paul H. Good	Senior
Floyd Hoffman	Senior
Earl G. Isbister	Senior
Adolf F. James	Senior
Jean F. Joyal	Senior
Leonard A. Leboldus	Senior
Gary Mackie	Senior
A. David C. Manson	Senior
Alvin R. Mercer	Senior
Oliver H. Millard	Senior
Rama N. Murthy	Senior
Charles F. Pearce	Senior
Roger Pelletier	Senior
Norborne B. Powell	Senior
Nicholas A. Rety	Senior
Bernard B. Robinson	Senior
Ionel Rovinescu	Senior
Jack L. Sales	Senior
A. C. Scott	Senior
Brian E. Tomka	Senior
Getchel D. Williams	Senior
John A. Williams	Senior

CUA Central Office Staff

Susie Petrusa

While pursuing an undergraduate degree in psychology at Concordia University, Susie also worked as Executive Director at Tiny Tots Medical Centre, the largest privately-held pediatric ambulatory facility in Canada, fully accredited by McGill University and with over 75,000 patient visits per year. She managed activities for a medical staff of thirty and a support staff of fifteen, and organized monthly CME events. In 2003, she joined the Société Internationale d'Urologie to fundraise for its International Congresses and develop lasting relations with key members of Industry. Recently back from maternity leave, Susie continues to fundraise for both the Canadian Urological Association and the *Société Internationale d'Urologie*.

Martine Coutu

A graduate of the Université du Québec à Montréal in Cultural Studies, Martine began her career with Montreal's Groupe Expositions as event coordinator for fashion industry trade shows. In 1993, she joined Events International Meeting Planners—a professional congress organizer specializing in international medical meeting management—as Director of Exhibits and Industry Relations. During her eight years in this position, she acquired in-depth knowledge of meeting management by participating in the planning and execution of over twenty international congresses, in Montreal and abroad. Martine then set out to found her own meeting consulting company, which she operated successfully for four years, carrying out promotional and marketing initiatives, incentive events and six international congresses. Martine recently joined the Central Office and looks forward to managing and developing congress- and meeting-related activities.

Isabel Perez

"Isabel graduated from McGill with a Bachelor of Commerce in Marketing in 1983. She successfully pursued a career in retail buying before joining the SIU Central Office in April 1999, at its inception. In July 2003 she became involved with the CUA in the same functional capacity. Isabel is in charge of Membership Services, as well as day-to-day financial and operational affairs."



Seated from left to right: Susie Petrusa, Richard Bolton, Martine Coutu
Standing: Valérie Guillet, Tiffany Pizioli, Isabel Perez
(Photo taken in the Central Office Conference Room, March 7, 2006)

Richard Bolton

Richard graduated from McGill with a B.Sc. (Hon) and an M.Sc. in Physics and earned a Ph.D. from the Université de Montréal in 1966. He was Assistant Professor of Physics for two years and then moved to England to work in fusion energy research for the UK Atomic Energy Authority. Five years later, he returned to Canada as a Senior Scientist at the newly founded Institut de recherche d'Hydro Québec. There, over a 20 year period, he was instrumental in developing and directing the Canadian Center for Magnetic Fusion which at its peak employed 40 scientists and over 100 total personnel. In 1998 he was elected fellow of the Canadian Nuclear Society and retired at the end of that year. Richard joined the Central Office of the SIU in November 1999 shortly after it moved to Montreal and became involved with the CUA in July 2003 when it was mandated by the CUA to perform similar functions. For the CUA, Richard handles relations with the Executive, statutory affairs and technical operation of the office.

CUA Central Office Staff

Tiffany Pizioli

Tiffany earned her Bachelor of Commerce with great distinction from Concordia University in 1998. Immediately afterward, she entered the world of event management for one of Montreal's largest professional congress organizers, Events International Meeting Planners. As Marketing Director, she promoted over 40 prestigious international medical congresses, mostly in the areas of gynecology, urology and pediatrics. After completing an intensive MBA from the Université de Montréal (HEC), Tiffany joined a pharmaceutical marketing agency as Senior Project Manager, Team Leader. In 2004, Tiffany joined the CUA Central Office and currently works alongside Susie in developing and maintaining strong ties to industry, for both sponsorship and exhibits. In the future, Tiffany will focus her efforts on supporting the new Office of Education as its Industry Liaison.

Valérie Guillet

Valérie holds a BA in English literature from McGill University, an MA in translation from the Université de Montréal, and is currently pursuing a Certificate in Public Relations. She has been involved in conference organizing since 1989, specifically in scientific programme management. She has worked on many large, very successful events, such as the World AIDS Conferences and the FIGO Congresses. Valérie joined the SIU in 2003 to manage its communications and scientific programmes. For the CUA, Valérie is responsible for the Annual Meeting scientific programmes, and works closely with the CJU on abstract publication.

CUA Bylaws

Significant amendments to the CUA Bylaws will be presented by the Bylaws Committee and the Executive for ratification by the Members at the Annual General Meeting in Halifax this June. Because of the extent of the modifications required to the text, the changes will not be published in detail in this newsletter but will be the subject of a separate mailing to Members, and will be published on the CUA website.

One major change is the addition of the position of Director of Education as an Officer of the Association, and this will be accompanied by a grouping of functions into three major centres of responsibility: Corporate, Financial and Educational, headed by the Secretary, the Treasurer and the Director of Education respectively. This follows the proposed organization chart published in the previous newsletter (and reproduced again here, page 14). The Secretary will coordinate Executive Affairs, the Socioeconomics, Bylaws, Nominating and Endorsement Committees, the work of the Historian, membership and administrative relations with Affiliates. The Treasurer will be responsible for all financial functions including fundraising and the Finance Committee. The Director of Education will oversee the Guidelines, Patient Information, Continuous Professional Development and Resident Affairs (formerly Training Education and Evaluation) Committees, scientific relations with Affiliates, and coordination of publications and of the Annual Meeting, including the Local Arrangements, Prize Essay and Awards Committees and the Scientific Programme.

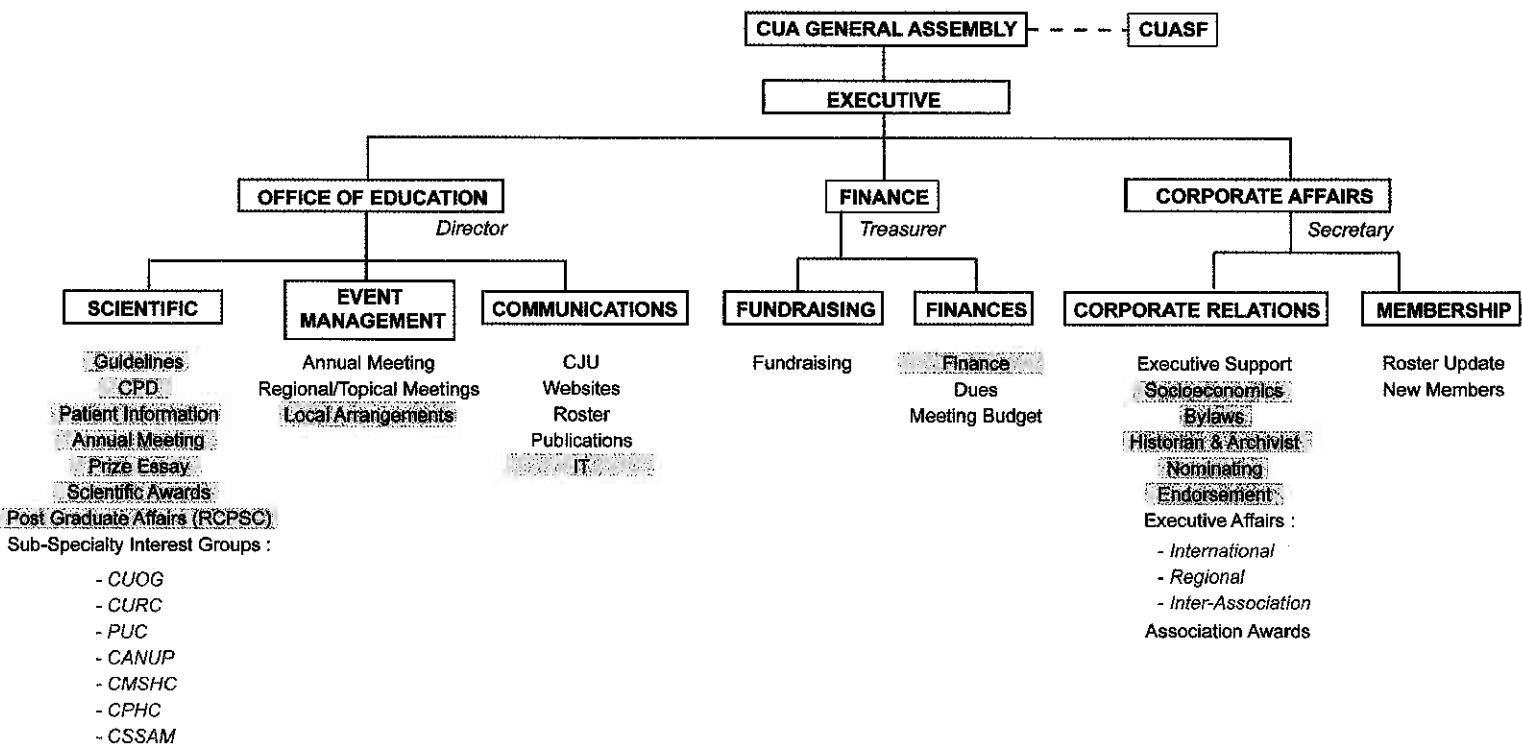
The second significant change is the attribution of the position of Executives-at-large on a strictly regional basis with one member from each of the five regions: Atlantic, Québec, Ontario, Prairies, and British Columbia and the Territories. This will be phased in as current terms expire and will eventually result in the total number of Executives-at-large being reduced by one.

Modifications to the mandates of the Socioeconomic Endorsement, Guidelines and Resident Affairs committees have been proposed by the respective committee chairs. These concern mainly process matters related to their function. There will also be minor changes in wording resulting from administrative or legal requirements.

Luc Valiquette MD
Chair of the Bylaws Committee

Canadian Urological Association

Proposed Integration of Office of Education



■ : Current Committees/Functions