

Canadian

Urological

Association

SPRING NEWSLETTER, 1997

CUA Annual Meeting, Quebec City 1997

The CUA Annual Meeting Organizing Committee is happy to give you a warm welcome to Quebec City, a gem in international heritage-sites. A party atmosphere will be reigning in the city during the period of the St-Jean-Baptiste Holiday. A modern comfortable hotel, and a new Congress Center with the most up-to-date technological installations and spacious conference rooms will meet all your needs.

The Scientific Program Committee presided by Dr. Yves Fradet is working this year to give you educational sessions on subjects which correspond to your daily practice. It will be the occasion to learn more about new techniques in urology.

We have prepared an unforgettable social program for you: a dinner-show at the Capitole Theater, a St-Lawrence River cruise, and a President's Banquet which will dazzle you.

For the accompanying persons, the committee will offer a city tour with a lunch at the Citadelle, and an epic train trip to the hills of Charlevoix - renowned for its numerous artisans. Quebec fashion designers will show their creations during a brunch on

Wednesday. The children are not forgotten. Varied activities are planned to capture their interest. A baby-sitting service will be provided to give a reprieve to the parents, particularly for the reception at the Capitole and the President's Banquet.

The sports program should cover all you tastes. Of course, golf is there with two 18 holes courses in a hilly environment. Bicycle enthusiasts will be treated to the splendor of the Montmorency Falls on a paved trail graded for moderate difficulty levels. Those seeking adventure can do so by rafting on the Jacques Cartier River. Finally, those who wish to simply stroll at their leisure in town will find themselves amused by the many musicians and public entertainers who will invade Quebec City during the St-Jean-Baptiste holiday.

The Organizing Committee will make every effort to ensure a successful meeting. We only need your participation in great numbers to make an unforgettable congress.

It is our pleasure to welcome you to Quebec City

Your Organizing Committee

Nominating Committee

The CUA Nominating Committee chaired by Past-President Dr. Bruce Piercy is charged with the task of nominating 2 members at large for the Executive to replace Drs. Allan Toguri and Bryan Donnelly whose terms of office will be completed after the June meeting in Quebec. In addition the nominating committee will need to make recommendations regarding the Association Secretary to replace Dr. Denis Hosking, and a Vice-President. Dr. Piercy and his committee welcome input from the membership into this process. If any member would like to make recommendations for any of the positions which will need to be filled, please contact Dr. Piercy at the address below:

Dr. G.B. Piercy, 107-1120 Yates Street, Victoria, B.C. V8V 3M9 Phone: 250-384-3085 Fax: 250-388-0187

e-mail: g.b. piercy@bc.sympatico.ca

Internet Update

Since September 1996, the CUA has had a web-site providing information on the upcoming meeting, meeting venues for future years, membership of the executive, program directors across the country, current CUA guidelines, and excerpts from the newsletter, as well as links to other sites of interest to urologists. The address is http://www.cua.org. All members are encouraged to visit the site and comments regarding how the site could be more useful would be most welcome. At present the site is provided at no charge to the Association in exchange for advertising on the opening page.

Highlights of the Winter Executive Meeting

Intercontinental Hotel, Montreal • February 1st, 1997

The Association executive committee held an all-day meeting in Montreal in early February. On the day prior to the meeting the Guidelines committee chaired by Dr. Jim Metcalfe, and with the input of Dr. Laurie Klotz met to discuss guideline development with emphasis on the direction of future projects.

Dr. Ron Gerridzen started the meeting with the Treasurer's report. The Association remains in a healthy financial position. The Victoria meeting was projected to show a final profit of approximately \$120,000. This was felt to be an excellent profit from an excellent meeting and Dr. Gerridzen congratulated Dr. Bruce Piercy and Local Arrangements Chairman Dr. Eric Freedman for their outstanding efforts in this regard. The dues notice for 1997 had been sent out and the response in terms of dues payments had been favourable. There were only 22 members with dues outstanding compared with 43 the same time last year. After discussion with insurance companies, it was recommended that the Association increase it's liability coverage, and that the possibility of incorporation be explored. The Association currently enjoys a balance of \$262,926 in the Discretionary Fund, and Dr. Gerridzen recommended that this level be allowed to increase to approximately \$400,000 over the next few years. It was felt that this increased level was needed to fund increased activities related to the Guidelines and Socioeconomic committees, as well as provide additional protection to the Association with regard to it's commitments for future meetings. It was the recommendation of the executive that the issue, details and implications of incorporation for the Association should be explored and will be further discussed at the June meeting.

In his Finance Committee report, Dr. Gerridzen reported that the assets of the Association currently total \$332,612 including the money in the Discretionary Fund. Fund-raising for the 1997 meeting was proceeding favourably thanks to the efforts of President Dr. Normand Sullivan and Local Arrangements Chair Dr. Jean-Guy Vezina. To date a total of \$166,000 of meeting sponsorship had been committed. Dr. Gerridzen noted that several sponsors have in past years provided a significant amount of support to both the meeting and the Scholarship Foundation and proposed that companies which had provided a total of \$100,000 in scholarship support should be honoured with a named scholarship in the year in which that level of sponsorship was achieved. For 1997, \$14,000 from the membership dues would be transferred to the Scholarship Foundation. With regard to

sponsorship for the Scholarship Foundation for 1997, many companies had not yet made final commitments, but it was hoped that a level of \$175,000 would be achievable.

As Treasurer of the CUA Scholarship Foundation, Dr. Luc Valiquette reported that \$231,940 had been received in Scholarship support in 1996, and it was hoped that a target of between \$175,000 and \$200,000 would be reached in 1997. The balance in the Scholarship Foundation at the end of 1996 was \$1,181,650. Dr. Valiquette then led a discussion on the investment strategies of the Foundation. It was the feeling of the Foundation's Investment advisors that the Foundation's current position was excessively conservative. After lengthy debate, it was agreed that the Finance Committee should obtain professional advice regarding the current and proposed investment strategies for the Foundation and make a report at the next executive meeting.

In the Membership report, Dr. Denis Hosking had received II applications for active membership, 9 requests for transfer from active to senior membership, and 3 requests for transfer from active to inactive membership. Three members had died, and one member had been dropped from membership for non payment of dues. In addition there had been 36 applications for candidate membership bringing the total membership of the Association to 685 members.

In the Time and Place report, Dr. Hosking noted that the 1998 meeting would be held at the Halifax World Trade and Conference Centre, and that the host hotel has been changed to the Prince George Hotel. It was noted that while rooms were still reserved at the Sheraton, the introduction of gambling at that institution had changed the local environment substantially. A request had also been received to consider changing the venue for the meeting in the year 2000, and that the meeting scheduled for the Chateau Whistler in 2000 be deferred until the year 2004. Preliminary investigations suggested that this request could be accommodated with the possibility of holding the meeting in the year 2000 in Kelowna.

Dr. Hosking reported that a web site for the CUA had been established. The address is **http://www.cua.org**. At present, the site is being provided to the Association at no charge and contains the names and addresses of the executive, news about the upcoming meeting, links to other web-sites of interest, and the names and addresses of

program directors of urology training programs. In addition members could provide address changes and application for membership could also be performed on the web site. In the future, excerpts from the newsletter, as well as ongoing news would be posted on the web site. Dr. Hosking also noted that a company had been retained to update the Association's database to facilitate and further automate many of the functions of both the treasurer and the secretary, and that this project was ongoing.

At the invitation of the executive, Dr. Mostafa Elhilali reported on the role of the CUA in urological research in Canada. Following the meeting of the executive in June 1996, he was asked to set up an ad-hoc committee to examine the role of the CUA related to commercially sponsored research activities in Canada, including the possibility of establishing a mechanism for central ethics approval for research projects. and the involvement of both university and community based urologists in commercially sponsored research projects. In addition to ensuring involvement of a broad spectrum of urologists, involvement of the CUA could provide a national review process for scientific protocols, provide a peer-review process for participating individuals and centres and potentially create additional revenue for the Scholarship Foundation. The ad-hoc committee consisting of himself, Dr. Joe Chin and Dr. Claude Trudel had met with a company in Montreal and initial discussions were promising. It was recommended that the CUA set up a clinical trials committee with representation from community and university based urologists with a mandate to negotiate with pharmaceutical companies and clinical research companies to determine the real potential for success in this venture. It was the consensus of the executive that this was an issue worth pursuing, and which could potentially facilitate the involvement of a wider segment of urologists in clinical research in Canada in the future.

As Chairman of the By-Laws Committee, Dr. Phil Belitsky addressed the issue of electing honorary members. Although the support of the membership has been obtained in the past for election of honorary members, it is a cumbersome process in that prospective honorary members have to be considered and proposed 18 months prior to their election. This process is not stipulated in the By-Laws of the Association, and it was agreed therefore that future honorary members would be determined by a vote of the executive at the winter meeting. The committee also proposed that the term of office of the officers of the Association should officially begin on August 1st following their election, with the exception of the treasurer and secretary, whose terms of office should begin on August 1st of the year following their election. This would create the positions of secretary and treasurer-elect, which it was felt would be important in the

future as the functions of the Association became more complex. It was agreed that these proposals would be presented to the membership for possible ratification at the June meeting in Quebec.

Dr. Joe Chin reported on the Research Committee activities. For 1996-97 there were 4 university based scholars, Drs. A. Zini, D. Bagli, L. Lacombe, and L. Stothers. Dr. S. Flax was the recipient of a community -based scholarship. The current membership of the research committee consisted of himself as chairman, and Drs. J. Gajewski, L. Goldenberg, and C. Nickel. Dr. Chin presented a detailed document drawing up the terms of reference for what is proposed to be the newly formed Scientific Council (see Scholarship Foundation elsewhere in this newsletter) of the Scholarship Foundation. These terms of reference included guidelines for reviewing and scoring of applications, time frames for applications, and introduced the concept of external reviewers. It was also planned that critiques would be sent to all applicants, particularly those who were unsuccessful, giving reasons for rejection. These terms of reference will only take effect if the restructuring of the Scholarship Foundation is approved by the membership at the business meeting in June.

Dr. John Collins presented a report on the legal implications of restructuring the Scholarship Foundation: It had been determined that the objectives of the initial incorporation of the Foundation were sufficiently broad to permit the proposed changes without having to re-incorporate the Foundation. A legal document had been drawn up detailing the revised structure of the Scholarship Foundation. This document was acceptable to the executive, and will be implemented if approved at the June meeting by the membership.

In his report on the activities of the Interprovincial Socioeconomic and Manpower Committee, Dr. Irwin Kuzmarov reported that the committee had met in Toronto in January. Issues which were discussed included urological manpower in Canada, a comparative fee schedule, and the issue of privatization and two-tiered medicine. Response to the Job Registry Form had been excellent and it was hoped that this could be updated this year. Dr. Kuzmarov noted that there would be a panel discussion on socioeconomics at the Quebec meeting with the principle participants being Michel Brazeau, Owen Adams, Logan Holtgrewe, and William Orovan. The issue of physician incorporation was raised and Dr. Kuzmarov indicated that the committee had not reached a consensus on that issue.

On the issue of guideline development, Dr. Jim Metcalfe reported that the committee had completed work on microscopic hematuria, and was continuing to address the

issue of androgen supplementation. The implications of androgen supplementation are extremely broad involving such diverse issues as endocrinology, lipid metabolism, and heart disease, and it was felt that if the committee was to pursue this issue further, it would have to concentrate specifically on the effects on the prostate. Issues which the committee felt it should address in the future include followup of superficial bladder cancer, treatment of invasive bladder cancer, indications for the use of trans-rectal ultrasound, the role of cystoscopy in children, antenatal hydronephrosis and azoospermia and the work-up of infertility. Dr. Metcalfe noted that there had been a poor response to the availability of care maps. The Guidelines Committee felt that for many of their future projects, a change in methodology would be necessary. It is proposed that literature searches should be performed professionally and McMaster University provides such a service. It was recognized that this would entail additional expense, but the Guidelines Committee felt that if guidelines were to be evidence-based, and reflect existing conflicts in the literature, that comprehensive literature searches would be of critical importance.

Dr. Brewer Auld reported that the Training, Education and Evaluation committee had addressed several issues. Discussions were ongoing with the Royal College regarding the acceptability of parts of internship as meeting requirements for core surgical training. With regard to the Examination Board, Dr. Larry Goldenberg had succeeded Dr. Hosking as chairman, and Dr. Jim Wilson had succeeded Dr. Ron Gerridzen as secretary. The examination in 1998 would be moved to May 16 - 19, and would likely be held in the first week of June in the future. In 1996, 25 of 28 candidates had passed, and no changes to the examination structure or format were proposed at the present time. Detailed training objectives had been drawn up and should be circulated to all residents. It was noted that the American Board of Urology had recently changed their general surgery training requirements making it potentially difficult for Canadian trained urologists to be eligible to sit the American Board exams. It was agreed that incoming residents should be advised about these new requirements prior to the commencement of their training. Dr. Auld concluded his report by acknowledging the superb effort of Dr. E. Ramsey who had chaired the committee for the past 6 years.

In the Local Arrangements report, Dr. Jean-Guy Vezina indicated that the preliminary program was now in print. A firm called Forum Quebec had been hired to take care of many of the logistics related to the meeting such as registration, social functions, the companions' program and the course of the meeting. With regard to sponsorship, 29 booths had been sold to date, and it was expected that at least 50 would be sold. Passports would be used again this

year to stimulate booth attendance. The scientific program would start at 1 pm on Sunday, June 22, and finish on Wednesday evening, June 25, just prior to the Presidents Banquet. It was projected that the meeting would show a profit, the extent of which could not be determined with any accuracy at the present time.

Dr. Yves Fradet reported that the 1997 meeting would see the introduction of Educational Programs to update urologists on different topics. A total of 9 hours of educational programs had been included for the 1997 meeting. To support this initiative. Dr. Fradet had embarked on his own fund-raising efforts, and had raised \$45,000 to date. A record 164 abstracts had been submitted, and because of constraints imposed by the educational programs, a greater percentage would be accepted as posters this year. The papers selected for podium presentation would be those considered to be of general interest, and Dr. Fradet stressed that selection of papers for poster presentation did not reflect the scientific program committee's opinion that the paper was any less worthy than one selected for the podium. A total of 149 papers were accepted, 5 for the "How I do it" session, 52 podium presentations, and 92 posters. Educational programs would address localized prostate cancer, bladder cancer, stone disease, BPH, common pediatric problems, renal cell carcinoma, advanced prostate carcinoma, impotence, and socioeconomic issues. In addition, in recognition of the 25th anniversary of the Scholarship Foundation, Historian Dr. Jim Wilson would give a special presentation on the history of the Scholarship Foundation.

In the Historian's report, Dr. Jim Wilson reported that he was still updating the collection of photographs and bibliographies of past CUA presidents. Discussions were ongoing regarding the housing of the archives at Queen's University. Dr. Wilson would be giving a presentation at the AUA meeting in New Orleans on Abraham Groves, the first Canadian urological surgeon.

Dr. Laurie Klotz submitted a written report indicating that the Canadian Journal of Urology was making good progress. An application for indexation was submitted in October, 1996. The Journal was distributed to 2500 individuals. At the time of the report, there were 21 articles under various stages of review. Dr. Bruce Piercy reported that 9 submissions for the Prize Essay had been received. The issue was raised as to whether it would be possible to have 2 awards, one on basic sciences, and one on a clinical topic. The executive felt that this was worth considering and it was agreed that companies would be approached to see if support for 2 awards could be obtained.

CUA Scholarship Foundation

Proposal for Major Structural Changes

At the winter meeting of the executive held in Vancouver in February, 1996, there was considerable discussion regarding the current structure of the Scholarship Foundation, and the possible need for changes in the way that activities related to the Foundation were conducted. Thanks in large part to the outstanding fund-raising efforts of Normand Sullivan and Jack Sales, and the generosity of our corporate sponsors, the assets of the Foundation had increased to over \$1million, with additional annual scholarship support of over \$200,000 continuing to be received. It was also noted that the membership had supported and continued to support the Foundation financially through a contribution included in the annual dues. As such, the Foundation had developed into a significant granting organization, and it was felt therefore that the Foundation required a more formalized structure and more precise regulations regarding it's functions. A sub-committee was struck at the Winter Executive meeting in Vancouver to review the structure and function of the Scholarship Foundation and report to the Executive at the summer meeting in Victoria in June. The committee comprised of John Collins as chairman, Bryan Donnelly, Allan Toguri, and Mostafa Elhilali conducted the review, and presented several proposals for consideration.

The sub-committee felt that it was important that the functions of the Scholarship Foundation should be as transparent as possible. It was recommended that the Foundation should be re-organized into 3 administrative bodies, an Executive Committee, an Administrative Council and a Scientific Council. The Scientific Council would continue to function as did the current CUA Research Committee in determining who should be eligible to receive CUA Scholarships. The Administrative Council would be responsible for fund raising and for determining how much money would be available for scholarship awards. The two committees would submit their recommendations regarding potential recipients, and the amount of money available for awards to the Executive Council for final approval. After considerable discussion these recommendations were supported by the executive and John Collins was requested to obtain a legal opinion on the by-law changes needed to restructure the Foundation, and whether in view of the extent of by-law changes, there would be a need to re-incorporate the Foundation.

At the winter meeting of the executive held in Montreal in February, 1997, the revised by-laws document drawn up by the legal firm of Perley-Robertson, Panet, Hill and McDougall was presented and approved, subject to the approval of the membership. Fortunately the terms of initial incorporation were sufficiently broad that re-incorporation will not be necessary.

A meeting of the Scholarship Foundation will therefore be held at the time of the annual business meeting of the Association, at which time the revised structure of the Foundation as described below will be presented for membership approval. The description does not contain the full legal document. Any member wishing to obtain a copy of the full legal document for review should contact the Association Secretary.

By-Law Change Proposals (excerpts)

EXECUTIVE COMMITTEE

- 8. The property and business of the Foundation shall be managed by the Executive Committee consisting of the following 5 persons:
 - 8.1 the President of the Canadian Urological Association
 - 8.2 the Secretary of the Canadian Urological Association
 - 8.3 one of the members-at-large of the Executive Committee of the Canadian Urological Association
 - 8.4 the Chair of the Administrative Council of the Foundation
 - 8.5 the Chair of the Scientific Council of the Foundation

The President of the Canadian Urological Association shall be the Chair of the Executive Committee.

POWERS AND RESPONSIBILITIES OF THE EXECUTIVE COMMITTEE

- 22. The Executive Committee may administer the affairs of the Foundation in all things and make or cause to be made for the Foundation, in its name, any kind of contract which the Foundation may lawfully enter into and, save as hereinafter provided, generally may exercise all such other powers and do all such other acts and things as the Foundation is by its charter or otherwise authorized to exercise and do.
- 23. The Executive Committee shall have power to authorize expenditures on behalf of the Foundation from time to time and may delegate by resolution to an Officer or Officers of the Foundation the right to employ and pay salaries to employees. The Executive Committee shall have the power to enter into a trust arrangement with a trust company for the purpose of creating a trust fund in which the capital and interest may be made available for the benefit of promoting the interest of the Foundation in accordance with such terms as the Executive Committee may prescribe.
- 24. The Executive Committee shall take such steps as it may deem requisite to enable to the Foundation to acquire, accept, solicit or receive legacies, gifts, grants, settlements, bequests, endowments and donations of any kind whatsoever for the purpose of furthering the objects of the Foundation.
- 25. The Executive Committee shall:
 - 25.1 ratify the appointment of members of the Administrative Council and Scientific Council;
 - 25.2 determine that the Administrative Council and Scientific Council of the Foundation function in a satisfactory manner;
 - 25.3 receive the annual report and financial statement of the Administrative Council of the Foundation, and review its annual recommendation of funds to be distributed to eligible applicants;
 - 25.4 receive the annual report of the Scientific Council including its ranking of candidates recommended to receive awards under various categories. The Executive Committee will annually determine the number of awards to be given proportional to the funds available.

RULES AND REGULATIONS

26. The Executive Committee may prescribe such rules and regulations, not inconsistent with the By-laws, relating to the management and operation of the Foundation as the Executive Committee deems expedient, provided that such rules and regulations shall have force and effect only until the next annual meeting of the Members when they shall be confirmed, and failing such confirmation at such annual meeting of Members, shall at and from time that time cease to have any force and effect.

ADMINISTRATIVE COUNCIL

- 27. There shall be an Administrative Council composed of a Chair, the Treasurer of the Canadian Urological Association and three (3) individuals.
- 28. The Chair of the Administrative Council shall be elected by the membership of the Foundation. The Chair will be eligible for renomination and re-election annually, not exceeding four terms in office. The Chair will be required to submit an annual report in writing to the Executive Committee of the Foundation, the Executive Committee of the Canadian Urological Association, and also report to the members at the annual business meeting of the Canadian Urological Association.
- 29. The Chair of the Administrative Council shall nominate the other three (3) members of the Administrative Council. Appointment of members to the Administrative Council will require ratification by the Executive Committee of the Foundation. Appointment of members to the Administrative Council shall reflect/expertise in fundraising, connections to potential funding sources, etc. The members of the Administrative Council need not be physicians.
- 30. The members of the Administrative Council shall be appointed and shall retire in rotation. At the first meeting of the Executive Committee for the appointment of the Administrative Council, one member of the Administrative Council shall be appointed for a term of one (1) year, one member shall be appointed for a term of two (2) years and one member shall be appointed for

a term of three (3) years. Thereafter each year the Chair of the Administrative Council shall nominate an individual to fill the position of the member of the Administrative Council whose term of office has expired and upon ratification by the Executive Committee of the Foundation, each member of the Administrative Council so appointed shall hold office for a term of three (3) years.

31. The Administrative Council shall deal with fundraising and shall oversee the investment of the funds of the Foundation. It shall submit an annual audited financial statement to the Executive Committee of the Foundation and to the Executive Committee and membership of the Canadian Urological Association. The statement shall include a recommendation for the amount of funds to be awarded to eligible candidates.

SCIENTIFIC COUNCIL

- 32. There shall be a Scientific Council composed of a Chair and four (4) Members of the Foundation.
- 33. The Chair of the Scientific Council shall be elected annually by the membership of the Foundation. The Chair will be eligible for renomination and re-election annually, not exceeding four terms in office. The Chair will be required to submit an annual report in writing to the Executive Committee of the Foundation, the Executive Committee of the Canadian Urological Association, and also report to the members at the annual business meeting of the Canadian Urological Association.
- 34. The Chair of the Scientific Council shall nominate the other four (4) members of the Scientific Council from among the Members of the Foundation. Appointment of members to the Scientific Council will require ratification by the Executive Committee of the Foundation. Appointment of members to the Scientific Council should reflect proven interest and ability in scientific research as well as considerations for geographic distribution and subspecialty expertise. One member shall be a community urologist.
- 35. The members of the Scientific Council shall be appointed and shall retire in rotation. At the first meeting of the Executive Committee for the appointment of the Scientific Council, two (2) members of the Scientific Council shall be appointed for a term of one (1) year, one member shall be appointed for a term of two (2) years, one member shall be appointed for a term of three (3) years. Thereafter each year the Chair of the Scientific Council shall nominate a Member of the Foundation to fill the position of the member of the Scientific Council whose term of office has expired and upon ratification by the Executive Committee of the Foundation, each member of the Scientific Council so appointed shall hold office for a term of three (3) years.
- 36. The Scientific Council shall evaluate submissions under various categories of awards. They shall rank these submissions and forward them to the Executive Committee.

The bulk of the rest of the 13 page document relates to issues such as definitions, keeping of minutes, duties of officers, execution of documents, conditions of membership, voting, auditing, rules of order, and amendment and repeal of by-laws. As indicated above, any voting member of the Association wishing to receive a full copy of the legal document should contact the Secretary at the address below:

Dr. D. H. Hosking GE446, 820 Sherbrook Street Winnipeg, Manitoba. R3A IR9 Phone: 204-787-3677

Fax: 204-787-3040

INCORPORATION PROPOSED FOR CUA

At the winter meeting of the Executive, Treasurer Ron Gerridzen, on the advice of the Association's accountants and financial advisors, proposed that the CUA should, subject to the approval of the membership, proceed with incorporation of the Association. From the standpoint of the individual member, the issue of incorporation has relatively little if any impact. By-law changes would be more difficult to implement and adopt. There would be a legal requirement for an annual audit, and additional, relatively modest fees (\$1000 - \$2000 per year) payable to meet the additional requirements incorporation would involve. On the other hand, the reasons for considering incorporation are extremely important, and to some extent, urgent. From a legal standpoint, as an unincorporated body, the CUA has no legitimate status, and in the event that the Association needed to make an insurance claim it could be argued by our insurers that coverage cannot be granted to a non-existent entity. A second concern relates to liability. The Association, and to a greater extent, the members of the Executive, could be held liable for decisions which affect our members, our patients, and other outside groups. This is particularly important as the Association increases it's activities in guidelines development and socioeconomic activities. The Association's accountants have indicated that they are concerned about the Association's undefined status and that this issue should be expediently addressed. To this end, advice is being obtained regarding whether by-law revisions will be needed to allow the Association to proceed with incorporation.

IMPORTANT NOTICE:

At the annual business meeting of the Association to be held in June in Quebec, the issue of incorporation will be brought forward to the membership for discussion and approval.

In the event that by-law changes are required, the membership will be asked to approve obtaining legal advice and drafting of by-law changes with a view to proceeding with incorporation subject to approval of the by-law changes needed. This step would be necessary to keep within the requirements of our existing by-laws.

In the event that no by-law changes are needed, and none are considered necessary by the Executive, the membership will be asked to approve proceeding with incorporation of the Association.

If any member has any concern or questions regarding the issue of incorporation, please contact the Association Secretary.

WHERE ARE THEY NOW?

Association mailings to the following members have been returned with addresses marked as incorrect.

Dr. John L. Bishop

Dr. Joseph Boudreau Dr. J.J. Bourgouin

Dr. Serge Carrier

Dr. Jules W. Charron

Dr. Yves Gourdeau

Dr. Norman N. Halpern

Dr. Peter Ho

Dr. Marie-Paule Jammal

Dr. Edward L. Johnson

Dr. William W. Kendrick

Dr. Roland Lauener

Dr. Gary Mackie

Dr. Jean-Paul Perreault

Dr. John D.E. Price

Dr. K.G. Rao

Dr. Jacques Simard

Dr. William N. Taylor

Dr. Benjamin Tripp

Dr. Simon P. Treissman

Dr. Roderick D. Turner

If any members know of the current addresses or even the towns involved, please forward this information to:

Dr. Denis H. Hosking Secretary Canadian Urological Association GE 446, 820 Sherbrook Street Winnipeg, Manitoba R3A IR9 Phone: 204-787-3677

Fax: 204-787-3040

BY-LAW CHANGES

A number of by-law changes were proposed at the recent meeting of the Executive in Montreal. It was felt that the terms of office of officers should be more specific, and in particular the terms of office of the secretary and treasurer. It was recommended that the official start of the term of office for all officers except the secretary and treasurer would be August 1st, following their election. This would allow existing office-bearers to complete duties assigned to them, or arising out of their last executive meeting. In effect, this occurs already. For the secretary and treasurer, it was felt that a more orderly transfer of these positions would occur if the concept of a secretary and treasurer-elect was introduced. Persons elected to these positions therefore would take office the year following their election to allow them to become familiar with the duties associated with these positions.

The other by-law changes relate to the proposed restructuring of the Scholarship Foundation and reflect either the changing roles, or nomenclature which the restructuring would involve. All members are encouraged to review these by-law change proposals, which will be discussed and voted upon at the annual business meeting in June in Quebec. Comments can also be submitted to the Association secretary.

Proposed by-law changes:

Article III

Section 2. President

Delete:

a) iv) take office at the close of the annual meeting

Replace with:

a) iv) be the President of the Executive Council of the CUA Scholarship Foundation

Section 6. Secretary

Add:

1. I) be a member of the Executive Council of the CUA Scholarship Foundation

Article IV

Term of Office

Section 1.

- a) All officers and chairpersons of standing committees with the exception of Secretary and Treasurer shall assume office on August 1st of the year of their election.
- b) In the event that the existing Secretary and Treasurer complete their full term of office, the incoming Secretary and Treasurer will assume office on August 1st of the year following their election to office. In the event the existing Secretary and/or Treasurer's appointment is not renewed, the elected Secretary and/or Treasurer will assume office on August 1st of the year of their election.
- c) All officers and standing committee chairpersons shall hold office for the year following the date they take office, or until their successors are elected.

Article VI

Section 1.

Delete:

iv) Research Committee

The activities of this committee will be assumed by the Scientific Council of the CUA Scholarship Foundation.

Renumber the remainder of the standing Committees in Section 1.

Add:

xii) Secretary-Elect

Add:

xiii) Treasurer-Elect

Section 6. Research Committee

Delete this section. See above.

Section 12. (Renumbered Section 11) Nominating Committee

Modify:

e) This committee shall nominate the President, President-Elect, Vice-President, Secretary, Treasurer, members-at-large of the Executive Committee, elective members of standing committees, and the Chairpersons of the Administrative and Scientific Councils of the CUA Scholarship Foundation.

Section 13. (Renumbered Section 12) Finance Committee

- a) Replace "and one member elected by the membership of the Association" with "and the Chairperson of the Administrative Council of the CUA Scholarship Foundation"
- c) Delete:

The member elected by the Association shall also be the Chairman of the Administrative Council of the CUA Scholarship Foundation and will be required to submit an annual report in writing to the Executive Committee and shall report to the members annually at the Business Meeting of the Association in that capacity. He/She will be eligible for re-nomination and re-election annually not exceeding four terms of office.

This part of the section is redundant and already specified in the by-laws of the Scholarship Foundation.

Section 15. Secretary-Elect

- a) The Secretary-Elect shall be the person elected to succeed the Secretary one year prior to the end of the Secretary's term of office.
- b) The Secretary-Elect shall:
 - a) Arrange to open a bank account on behalf of the Association to take effect when he/she assumes office as Association Secretary.
 - b) Become familiar with and make arrangements to take over the Secretarial duties including all computerized aspects of the Association which involve the Secretary.
 - c) Be involved and updated on routine Secretarial duties including membership recruitment, database updating, correspondence, and the Secretarial role in the functioning of the Association and the Association's Executive.
 - d) Perform the Association's Secretarial duties in the event the current Secretary is unavailable.

Section 16. Treasurer-Elect

a) The Treasurer-Elect shall be the person elected to succeed the Treasurer one year prior to the end of the Treasurer's term of office.

- b) The Treasurer-Elect shall:
 - a) Arrange to open a bank account on behalf of the Association to take effect when he/she assumes office as Association Treasurer.
 - b) Become familiar with and make arrangements to take over the Treasurer duties including all computerized aspects of the Association which involve the Treasurer.
 - c) Be involved and updated on routine Treasurer duties including membership dues status, corporate sponsors, the Association's financial holdings and the Treasurer's role in the functioning of the Association and the Association's Executive.
 - d) Perform the Association's Treasurer duties in the event the current treasurer is unavailable.

Article X. Dues and Assessments

Replace:

"Any member in arrears for three years is automatically dropped from membership" with: "Any member in arrears for two years is automatically dropped from membership."

Guidelines CommitteeFuture Projects and Guideline Proposal

For the day prior to the winter executive meeting, the Guidelines Committee chaired by Dr. Jim Metcalfe met to discuss future guideline projects, and to finalize a proposed guideline on asymptomatic microscopic hematuria (outlined below). All proposed guidelines will be open to discussion by the membership at the guidelines meeting which will be held at 1 pm on Monday, 23rd June at the time of the annual meeting in Quebec. Guidelines approved at that meeting will be presented to the membership for approval or rejection at the annual business meeting. It must be stressed that there will be no discussion of guidelines at the business meeting, but simply a vote. Any member wishing to have input into guideline development, and input is most welcome, should plan to attend the guidelines meeting.

The Guidelines Committee is proposing to study the following issues:

- I. Indications for pediatric cystoscopy
- 2. Follow-up of superficial bladder cancer
- 3. Treatment of invasive bladder cancer
- 4. Evaluation and management of neonatal hydronephrosis
- 5. Evaluation and treatment of azoospermia

While it is recognized that there is a limit to the number of issues that can be addressed with our available resources, members who feel strongly that there are other important issues which the committee should be addressing, or who have comments or concerns about the guideline proposal on asymptomatic hematuria should contact the Guidelines Committee Chairman, Dr. Jim Metcalfe at the address below:

Dr. J.B. Metcalfe
Chairman, Guidelines Committee
2D2 MacKenzie Centre
8440 - 112 Street
Edmonton, Alberta T6G 2B7
Phone: 403-492-7372

Fax: 403-492-4923 e-mail: jmetcalf@gpu.srv.ualberta.ca

ASYMPTOMATIC MICROSCOPIC HEMATURIA

Guideline Proposal

DEFINITION

Significant microscopic hematuria is defined as greater than 2 RBC's/hpf on 2 microscopic urinallysis without recent exercise, menses, sexual activity or instrumentation. (Some papers support 5-8 RBC's/hpf)

Urinary dipsticks are very useful screening tools for urologic pathology. Dipsticks have a sensitivity of .91 and specificity of .99. The false positive rate is up to 16%, therefore microscopic confirmation is essential before proceeding with further investigation.

EVIDENCE AND VALUES

Patients over the age of 40 have a significant incidence of pathology such as Transitional Cell Carcinoma and Renal Cell Carcinoma. These lesions are rare in patients under the age of 40. Therefore cystoscopy of young patients with asymptomatic microscopic hematuria is not warranted. (4, 5, 6, 7, 8)

BENEFITS AND HARMS

Investigation of patients with asymptomatic microscopic hematuria over the age of 40 reveals an incidence of underlying bladder or renal malignancy in up to 11% of patients.

Cystoscopy is an invasive procedure associated with potential morbidity.

INVESTIGATIONS

Ultrasonography of the upper genitourinary systems is as sensitive and specific as intravenous pyelography with less morbidity and cost. Cystoscopy is indicated in all patients over the age of 40 with asymptomatic microscopic hematuria.

Retrograde pyelography is only indicated if upper tract imaging is abnormal. Cytology is useful in all patients over the age of 40 and in some patients under the age of 40 with significant risk factors such as smoking and carcinogen exposure.

Urine tests for molecular markers of cancer have not been established.

RECOMMENDATIONS AND SUMMARY

Guideline:

The incidence of treatable GU malignancies warrants investigation of all patients over the age of 40 years with asymptomatic microscopic hematuria.

For evaluation of upper urinary tracts, ultrasound has been shown to have the highest yield, lowest morbidity and cost.

Cystoscopy is the standard investigation for evaluation of the lower urinary tract.

Multiple studies have clearly shown that in patients less than 40 years of age, cystoscopy for investigation of asymptomatic microscopic hematuria is not warranted.

Once a patients has a normal investigation for microscopic hematuria, no further investigations are necessary unless the patient develops gross hematuria or urinary tract symptoms.

RECOMMENDED READING:

Asymptomatic Microscopic Hematuria.

D. H. Hosking, Can J Urol 1995 2(1) 87-97.

REFERENCES

- 1. Messing, J Urol 1987, Vol 1137, pg 919
- 2. Woolhander S, JAMA 1989, Vol 262, pg 1215
- 3. Jones DH, Brit J Urol 1988, Vol 62, pg 541
- 4. Greene LF, JAMA 1956, Vol 161, pg 610
- 5. Davides RC, Urol 1986, Vol 28, pg 453
- 6. Bard RH, Archives of Int Med 1988, Vol 148, pg 2629
- 7. Thompson IM, J Urol 1987, Vol 138, pg 1189
- 8. Murakamis S, J Urol 1990, Vol 144, pg 99
- 9. Mohr DN, MAMA 1986, Vol 256, pg 224
- 10. Carson, JAMA 1979, Vol 241, Pg 149
- 11. Corwin HC, J Urol 1988, Vol 139, pg 1002
- 12. Hosking DH, Can J Urol 1995, Vol 2, pg 87-97

Once again, members are reminded that comments are welcome, and criticisms supported by the literature would be particularly welcome. Comments and criticisms can also be submitted via the web site at http://www.cua.org