



Canadian Urological Association

FALL NEWSLETTER 1993

President's Letter



Dear Fellow Urologist:

We are all grateful to Dr. Mostafa Elhilali and his team for the excellent CUA meeting this last June. The very large number of people present until the very end of the last session was a reflection of the quality of the programme. Their efforts did not go unnoticed and were appreciated by all.

The preparations for the 1994 meeting in Jasper are well advanced. The Scientific Programme, chaired by Curtis Nickel, has secured a superb group of invited speakers which, together with the excellent quality of your contributions should make the sessions instructive, controversial and dynamic in these very interesting times for urologists. After 1994 and for the foreseeable future there will be no further CUA meetings in a resort place. The natural beauty of Jasper National Park is legendary and recognized worldwide. David Mador and his Local Arrangements Committee have organized a number of unique and very enjoyable activities taking advantage of the spectacular surroundings and the first class facilities at the Park. These will be memorable days for you and your family. Taking advantage of the long days of summer, the scientific sessions will start and finish early to allow plenty of time for outdoor activities. With the exception of the banquet on Wednesday, no ties will be allowed during the meeting.

The accelerating pace of innovation in our specialty together with a variety of external challenges calls for mutual cooperation among all of us. The annual business meeting does not properly allow expression of many concerns of the membership. Please feel free to write to Denis or me with your concerns and ideas so we can bring them for consideration by the Executive.

I look forward to sharing with you an unforgettable visit to Jasper next June.

All the best,

Alvaro Morales, FRCS
President

1993 Membership Booklet

Enclosed with this letter is your 1993 membership booklet. Please take the trouble to check your own entry in this booklet and verify that it is correct in every detail, including the year you were elected to membership. Note also that FAX numbers are now also recorded. If there are any corrections, changes or additions, no matter how minor, please take the trouble to complete the enclosed address correction form and return it to:

DR. D. H. HOSKING
SECRETARY
CANADIAN UROLOGICAL ASSOCIATION
ROOM GE446 820 SHERBROOK STREET
WINNIPEG, MANITOBA, CANADA R3A 1R9

or FAX it to (204) 787-3040

Your assistance in keeping our membership database as accurate as possible will be most appreciated.

Montreal in June

A Great Meeting and a Good Time

Those of you who made the trip to Montreal this year for the 48th annual meeting of our Association will surely agree that the effort was worthwhile. President Mostafa Elhilali, Scientific Arrangements Chairman Michel Bazinet and Local Arrangements Chairman, Normand Sullivan are to be congratulated on their efforts which resulted in a stimulating and enjoyable meeting. This year, for the first time, on the Sunday prior to the meeting, three separate courses were held for the benefit of program registrants. A short course on laparoscopy run by Ralph Clayman, a course on endourology run by John Denstedt and a course on prostate ultrasound run by Bill Cooner were all fully subscribed. The success of these ventures will provide strong stimulation for the provision of similar courses in the future. Responding to a recent poll suggesting that meeting attendees would prefer more guest speakers, the Montreal team excelled with no fewer than 11 guest speakers. The presence of so many guest speakers, coupled with a large number of the popular "workshop" and "discussion panel" type of presentations ensured that the scientific sessions were well attended.

As usual, the meeting's social aspect was a strong feature. A welcoming reception at the Bonaventure Hotel on Sunday evening was followed by a social evening at Bell

Amphitheatre the following evening. This evening combined ethnic food, dancing, an ice show featuring skating interpretations of shows including "Phantom of the Opera" and concluded with free skating with members of the show to round off the evening. The social events concluded with the President's Banquet which also differed from previous events in that for the first time recipients of the CUA Scholarships were announced and awardees in attendance were presented to the representatives of the companies sponsoring this year's awards. Thanks to the fund-raising efforts of Mostafa Elhilali, Normand Sullivan and Jack Sales, it was possible to have 5 awards this year without using the capital currently in the CUA Scholarship foundation.

Corporate sponsorship was exceptionally strong this year, with 68 booth spaces being sold. This level of commercial support went a long way towards supporting guest speakers and providing the additional courses. Such support also has an implication regarding the selection of future venues for the annual meeting which now has to take into account the floor space requirements for such healthy commercial support.

In short, the Montreal team put on a great show and they deserve our thanks and congratulations.

1994 ANNUAL MEETING

The 1994 Meeting will be held at the Jasper Park Lodge, Jasper, Alberta from June 26th - 30th, 1994. President Alvaro Morales, Local Arrangements Chairman David Mador and Scientific Program Chairman Curtis Nickel, look forward to welcoming you. Information regarding the Prize Essay and a form for submission of abstracts is enclosed.

Please make note of the deadline dates.

CUA Scholarships

The Scholarship Foundation Awardees for 1993 are:

**Dr. Armand Aprikian
Dr. Martin Gleave
Dr. Mireille Gregoire
Dr. Keith Jarvi
Dr. Andrew MacNeily**

The Canadian Urological Association congratulates these scholars on their achievement. Congratulations are also extended to another applicant, Dr. Gerald Brock who competed successfully for a Kidney Foundation Scholarship.

Annual Business Meeting Highlights

Montreal, June 23rd, 1993

- Treasurer, Dr. Jack Sales reported that the Winnipeg meeting showed a gross profit of \$94,984. As a result, it was possible this year for the Association to contribute \$100,000 to the Scholarship Foundation. He thanked Dr. Bruce Piercy for his excellent service as the previous Treasurer.
- Secretary, Dr. Denis Hosking reported 13 applications for active membership and one application for associate membership. There were 10 applications for transfer to either senior or inactive membership and 1 resignation. A moment of silence was observed for the deaths of 3 members, Mr. Keith Yeates, Dr. Lionel Reese and Dr. T. Nearing.
- In his Time and Place Report, Dr. Hosking indicated that Victoria would host the 1996 meeting, and the Hilton Hotel has replaced the Chateau Frontenac as the venue for the 1997 meeting in Quebec City, mainly because of concerns about housing the commercial exhibits. London, Ontario was proposed as the venue for the 1999 meeting and Vancouver as the venue for the year 2000.
- The Chairman of the Research Committee, Dr. John Trachtenberg reported that great strides were being made in developing the funds of the Scholarship Foundation. The Research Committee is currently drafting by-laws to formalize the basic structure and fiscal accountability of the Scholarship Foundation. Through generous corporate sponsorship it was possible to make 5 CUA Scholarship awards this year.
- Dr. Ernest Ramsey, Chairman of the Training, Education and Evaluation Committee reported that 16 of 23 candidates were successful in the Royal College exams in 1992. The new OSCE format appears to be working satisfactorily. After the 1993 examination, Dr. Mostafa Elhilali would be stepping down as Chairman of the Exam Committee and would be replaced by Dr. Denis Hosking. Drs. Michael Bazinet and Claude Trudel had been appointed as new members of the Exam Committee. Dr. Ramsey also presented the results of the membership survey on the preferred direction of future educational activities. These are summarized in this newsletter.
- Dr. Michael Robinette presented the Economics and Manpower Report. Transurethral resection of the prostate has decreased by 5.7% across Canada over the past year. Between 1984 and 1992 there has been a 10-fold increase in the number of radical prostatectomies. It is felt that the Economics Committee should become more involved with the process of developing relative fee value guides across the country. In his report on MOCOMP activities, Dr. Robinette announced that documentation of educational activities has been simplified with the introduction of a pocket diary. As the CUA was one of the founding participants in MOCOMP, he expressed the hope that there would be increased membership support for MOCOMP activities in the future.
- Historian, Dr. Norman Struthers appealed to the membership for CUA memorabilia to expand and complete the Association's archives. A video of the history of urology in Canada has been prepared. A museumology student from the Hannah Institute has been hired to catalogue the Association's archives.
- Dr. David Mador, Local Arrangements Chairman for the 1994 meeting reported that meeting preparations are well underway. An excellent, informal scientific and social program is planned for the spectacular Jasper resort.
- Dr. Mostafa Elhilali reported that Montreal has been selected as the host site for the 1997 meeting of the International Society of Urology.
- Dr. Normand Sullivan, Treasurer of the CUA Scholarship Foundation reported that accumulated funds were approaching \$600,000. The Foundation goal is to reach a target of \$1,000,000 within the next 5 years. Thanks to corporate generosity, it had been possible to award 5 scholarships this year without using the capital base.
- In his President's Report, Dr. Elhilali outlined the need to hold a Canadian meeting in 1996. The cost to the Association of not having a Canadian meeting in favour of a combined meeting with BAUS in Edinburgh, would be too high in terms of forfeiture of scholarships. It was still hoped to have a large Canadian delegation in Britain for the 1996 meeting. He reminded members that the 50th meeting of BAUS would be held in Birmingham, England in 1994 and all CUA members were encouraged to consider attending.
- The wish had been expressed that the CUA consider an expanded role in supporting provincial colleagues in providing further training, developing relative fee value guides, and developing practice guidelines. The Executive had also been approached by a member requesting that the Association become more involved in national affairs. It was hoped that this member would be able to discuss the matter further at the winter meeting of the Executive.
- Dr. Elhilali expressed the concern of the Executive about recent advertisements appearing in the lay press for treatment of prostate disorders provided by Canadian urologists. It was felt that the technology being promoted had not yet been proven effective, and that these advertisements would be confusing to the public and should therefore be discouraged. The Executive had mandated the President to write to the Colleges of the provinces involved to get an opinion on the appropriateness of such advertisements.
- The World Endourology Society has asked whether Montreal could be considered as the host city for their 1998 or 1999 meeting. A Steering Committee has been set up to look at the feasibility of holding the meeting in 1999.
- **Nominating Committee Elections**
Drs. Jean Simard, Douglas Ankrom and Ted Elliot were elected members-at-large of the Nominating Committee for 1994.
- **Awards Committee Elections**
Drs. Grant Farrow and Larry Goldenberg were elected as members-at-large for the Awards Committee for 1994.

New Executive

President	Dr. Alvaro Morales
President-Elect	Dr. John Collins
Vice President	Dr. Bruce Piercy
Past President	Dr. Mostafa Elhilali
Secretary	Dr. Denis Hosking
Treasurer	Dr. Jack Sales
Executive Committee	Dr. Larry Goldenberg Dr. David Mador Dr. Jean Simard Dr. Peter G. Wentzell Dr. Yves Fradet Dr. Richard Norman
Research Committee Chairman	Dr. John Trachtenberg
Economics & Manpower Committee Chairman	Dr. Michael Robinette
Training, Education & Evaluation Committee Chairman	Dr. Ernest Ramsey
Historian	Dr. Norman Struthers

New Members

Dr. S. Carrier	Dr. D. N. Drover
Dr. E. Estey	Dr. E. R. Freedman
Dr. E. Harmon	Dr. S. Hirakawa
Dr. R. M. Kamra	Dr. C. Lajeunesse
Dr. D. J. Lavoie	Dr. P. J. Minich
Dr. M. J. Moore	Dr. J. Segura
Dr. S. Tanguay	Dr. L. D. Thompson

BAUS

1994 will mark the 50th Meeting of the British Association of Urological Surgeons (BAUS). The meeting will be held in Birmingham in June. Meeting announcements have been mailed to all program directors. Further information may be obtained from them or from this office:

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Contact has also been established with the Australasian Urological Society and members wishing to contact that society may obtain further information from the above address.

CUA Memorabilia

Can you Help?

Historian, Dr. Norman Struthers, is appealing to all members for CUA memorabilia to expand and complete our archives. If you have or find any momentos of the CUA's past, and are prepared to donate them to our archives, please contact Dr. Struthers at the following address:

DR. NORMAN STRUTHERS
38 SHUTER STREET
SUITE 215
TORONTO, ONTARIO, CANADA
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TELEPHONE: (416) 867-3707
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Obituary

William Edgar Collins died on July 19, 1993 at the age of 78. Born in the Ottawa Valley, he graduated in medicine from Queen's University and received his urological training in Montreal and Toronto. After wartime service in the Canadian Navy, he began practice in Ottawa in 1945. He became Professor and Chairman of Urology at the University of Ottawa in 1959 and held that position until 1978 and retired from clinical practice in 1981. He was a member of, and contributor to a large number of professional organizations, holding office in many, including the presidency of the Canadian Academy of Urological Surgeons and the Northeastern section of the AUA.

A founding member of the CUA, he served as President in 1962-63 and in recognition of his many contributions to Canadian Urology, was named the first recipient of the CUA Award in 1980.

Ed was a tireless clinician, administrator and educator. He will be long remembered by his many friends and colleagues and by a generation of urologists who received their post-graduate training under his guidance.

Alan H. Irvine, M.D.

Guidelines For CME Sponsorship Of CUA Educational Activities

The following standards for support of continuing medical education activities were agreed upon at the summer meeting of the Executive. They will be presented for discussion and approval at the next general business meeting in June, 1994.

PREAMBLE

The purpose of continuing medical education is to enhance the physician's ability to care for patients. It is the responsibility of an organizer of a C.M.E. activity to assure that the activity is designed primarily for that purpose. Organizers often receive financial and other support from commercial organizations. Such support can contribute significantly to the quality of C.M.E. activities. The purpose of these standards is to describe appropriate behaviour of organizers in planning, designing, implementing and evaluating certified C.M.E. activities for which commercial support is received.

STANDARDS

Organizers are responsible for the content, quality and scientific integrity of all C.M.E. activities.

- a. In designing educational activities, the organizer must ensure that the activities are free from commercial bias for or against any product.
- b. Commercial supporters of such activities shall not control the planning, content, or execution of the activity.
- c. A commercial supporter may be asked to help with the organization of a conference with related educational materials, but these materials shall not advance the specific proprietary interests of the commercial supporter.
- d. An organizer may obtain information that will assist in the planning and producing of an educational activity from any outside source whether commercial or not. This acceptance however shall not be among the conditions for providing support by the commercial organization.
- e. Only the organizer may authorize a commercial supporter to disseminate information about C.M.E. activity to the medical community. The content of such information is the responsibility of the organizer. Any such information must identify the educational activity as produced by the organizer.

COMMERCIAL PRODUCTS

- a. Presentations must give a balanced view of therapeutic options. The use of generic names should be encouraged by the organizer.
- b. If an offer is made by a commercial supporter to provide a presentation reporting the results of scientific research, it shall be accompanied by a detailed outline of the presentation which shall be used by the organizer to confirm the scientific objectivity of the presentation.

EXHIBITS

- a. No commercial promotional material shall be displayed or distributed in the same room immediately before, during or immediately after an educational activity.
- b. Representatives of commercial supporters may attend an educational activity but may not engage in sales activities while in the room where the activity takes place.

MANAGEMENT OF FUNDS FROM COMMERCIAL SOURCES

- a. Funds from commercial supporters should be in the form of an educational grant made payable to the organizer for support of programming. The terms, conditions and purposes of such grants should be documented by a signed agreement between the commercial supporter and the organizer.
- b. Commercial support must be acknowledged in printed announcements and brochures. However, reference must not be made to specific products.
- c. The organizer should be prepared to report to each commercial supporter information concerning the expenditure of funds.

COMMERCIALLY SUPPORTED SOCIAL EVENTS

Commercial supported social events at C.M.E. activities should not compete nor take precedence over educational events.

Who Are We And Where Are We Going?

Few, if any specialties have undergone such dramatic changes in recent times as the specialty of Urology. Coupled with these changes is a Canadian Health Care System in the throes of self-examination and potential re-organization. In the midst of all these changes, it is important that the Canadian Urological Association constantly re-evaluates its role. Should we be more active in national issues, fee negotiations and establishing practice guidelines? It is important that the membership makes itself heard. If you have any opinions, suggestions or questions, please do not hesitate to communicate them to the Executive through our President:

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76 STUART STREET
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Prostate Cancer Screening Survey

A total of 74 members responded to the Prostate Cancer Screening survey. Note that these responses represent a small proportion of our membership and do not necessarily therefore represent the viewpoint of the Canadian Urological Association.

- Do you perform the following routinely on a man 50-70 years of age presenting to your office with a possible prostate problem?
DRE alone --- 5/74 (7%)
DRE + PSA --- 57/75 (77%)
DRE + PSA + TRUS --- 2/74 (3%)
DRE + PSA + PAP --- 6/74 (8%)
PSA alone --- 0
DRE + PSA + PAP + TRUS --- 3/74 (4%)
DRE + PAP --- 1/74 (1%)
- Do you perform the same on a man presenting with other GU problems (e.g. impotence, urolithiasis)
YES --- 40/74 (54%)
NO --- 32/74 (43%) NO ANSWER --- 2/74 (3%)
- Do you think screening for prostate cancer should be practised?
YES --- 58/74 (78%)
NO --- 14/74 (19%) NO ANSWER --- 2/74 (3%)
- Do you think a Multi-centre Canadian Study on Prostate Cancer Screening should be conducted?
YES --- 55/74 (74%)
NO --- 19/74 (26%)
- Have you yourself undergone within the past 12 months: (n=36)
DRE ALONE 9 PSA ALONE 6
DRE + PSA 15 NEITHER 6

17/36 (47%) physicians treat their patients and themselves the same.
(This question was directed to urologists between the ages of 50 and 70 only)

Canadian Urological Association Report On Continuing Medical Education

As Urologists we have access to a wide range of educational activities which vary greatly in value. In order to provide appropriate continuing education, a reasonable first step would be to see what is already available, its perceived value and to ask urologists what improvements can be made. The Canadian Prostate Health Council (CPHC) prepared a questionnaire which was sent to all members of the CUA. A total of 518 questionnaires were mailed and replies were received from 210. The following is a brief synopsis of the information obtained.

Respondents were asked to use a five-point scale to rate the adequacy of CME in Urology. The large majority, (80%) indicated that they felt it was adequate by assigning ratings of 4 or 5, with a mean rating of 3.95. Lack of time was the main inhibiting factor limiting exposure to CME with 64% rating this 4 or 5 on the scale. Respondents were asked to rate the value of a list of 20 educational vehicles used in CME. Scientific journals (84%), topic-oriented seminars (82%) and scientific conferences (75%) were the top rated based on a rating of 4 or 5. Videotapes, literature bibliographies and abstracts, audio tapes, computer programs, teleconferences and slide kits had fairly low value ratings although there was some geographical variation in the responses.

The most frequently received urologic publications were the Journal of Urology (96%), Urology Clinics of North America (80%), Canadian Contemporary Urology (63%), Urology (50%), AUA Update Series (44%), AUA Today (43%), Seminars in Urology (34%) and the British Journal of Urology (34%). Some journals such as the Journal of the Royal College (83%), the Canadian Journal of Surgery (80%), and the CMAJ (78%) are received by a high percentage of urologists but are perceived to be of little value to them. Urologists generally skim or browse these publications. Two journals, the Journal of Urology (81%) and Urology Clinics of North America (79%) were rated 4 or 5 by those receiving them. Others rating 4 or 5 by those receiving them were the AUA Update Series (70%), Urology (60%), Seminars in Urology (53%), British Journal of Urology (41%) and Canadian Contemporary Urology (27%).

The percentage of respondents rating 4 or 5 for urological meetings were as follows, AUA (70%), CUA (40%), AUA Topic Seminars (39%), AUA Section (30%), and QUA (63% of French speaking urologists). The best attended meeting is the QUA, usually attended by 80% of Quebec Urologists. The CUA is usually attended by 49% of respondents and the AUA by 43%. Both the CUA and AUA are occasionally attended by 44% of respondents. Respondents rated a number of possible improvements for the CUA meeting. The percentage rating 4 or 5 for suggested improvements were as follows; topic oriented seminars (70%), teaching courses and workshops (48%), more panel discussions (31%) and more guest speakers (30%).